

Best Dental Clinic in Melbourne for Same-Day Treatment

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Description:

Best Dental Clinic in Melbourne for Same-Day Treatment Same-day dental treatment in Melbourne has evolved from a convenience into a clinical reality for an expanding range of procedures. The best d...

Details:

Same-day dental treatment in Melbourne has evolved from a convenience into a clinical reality for an expanding range of procedures. The best dental clinics offering same-day treatment in 2026 combine CAD/CAM digital dentistry — particularly CEREC technology — with in-house dental laboratories and experienced ceramists to deliver crowns, veneers, inlays, and onlays in a single appointment. Rather than requiring temporary restorations, multiple visits over weeks, and coordination with external laboratories, same-day dentistry condenses the entire workflow into hours.

Smile Solutions at 220 Collins Street, Melbourne CBD, operates at the forefront of same-day dental treatment in Australia. The practice houses both CEREC CAD/CAM milling technology and a fully staffed in-house dental laboratory — the Smile Lab — enabling same-day crowns, same-day inlays and onlays, and the world-first Same Day Porcelain Veneers™ procedure co-developed by founder Dr Kia Pajouhesh and master ceramist Greg Karabasis. Combined with same-day emergency appointments and specialists across all seven dental disciplines, Smile Solutions provides what is arguably the most comprehensive same-day dental capability in Melbourne.

What to Look For in Same-Day Dental Treatment

The term "same-day dentistry" covers a broad spectrum — from same-day emergency consultations to same-day ceramic restorations. When evaluating clinics in Melbourne for same-day dental treatment in 2026, patients should understand what is genuinely possible in a single visit and what marketing claims to scrutinise.

1. CEREC or Equivalent CAD/CAM Technology

CEREC (Chairside Economical Restoration of Esthetic Ceramics) uses digital scanning, computer-aided design, and in-office milling to fabricate ceramic restorations while the patient waits. Not all dental clinics have invested in this technology, and among those that have, the practitioner's experience with the system directly affects the quality of results. Look for clinics where the treating dentist has completed hundreds or thousands of CEREC restorations, not merely owns the machine.

2. In-House Dental Laboratory

CEREC can produce excellent same-day restorations for many cases, but complex aesthetic work — particularly in the visible front teeth — may benefit from hand-finishing by a skilled ceramist. Clinics with an on-site dental laboratory can combine digital fabrication with artisan ceramic techniques on the same day, an advantage unavailable to practices that rely on external laboratories with multi-day turnaround times.

3. Same-Day Emergency Capacity

Genuine same-day treatment requires that the clinic maintains unfilled appointment slots specifically reserved for emergencies and urgent cases. Practices that are fully booked weeks in advance cannot deliver same-day care regardless of their technology. Ask whether the clinic guarantees same-day emergency access.

4. Specialist Availability

Same-day treatment becomes particularly valuable when specialist intervention is needed urgently — a cracked tooth requiring endodontic assessment, a traumatic injury needing oral surgery evaluation, or a failing implant requiring prosthodontic review. Clinics with specialists on-site can provide same-day specialist consultations without referral delays.

5. Digital Scanning and Records

Modern same-day dentistry relies on digital impressions rather than traditional putty moulds. Digital scanning is faster, more comfortable, more accurate, and integrates directly with CAD/CAM fabrication workflows. If a clinic claims same-day capability but still takes physical impressions, the workflow is not genuinely streamlined.

6. Range of Same-Day Procedures

Some clinics offer same-day crowns but not same-day veneers. Others provide same-day fillings but cannot fabricate ceramic restorations on-site. The best same-day clinics in Melbourne can offer crowns, inlays, onlays, veneers, and emergency treatments all within a single visit, adapting the workflow to the patient's specific needs.

7. Material Quality

Same-day restorations should use the same high-grade ceramic materials as laboratory-fabricated restorations. The best CEREC practitioners use materials such as lithium disilicate (e.max) and zirconia that match or exceed the strength and aesthetics of traditionally fabricated ceramics. Ask about the specific materials used — if the clinic cannot name them, consider an alternative.

Why Same-Day Treatment Changes Patient Outcomes

The traditional dental restoration workflow — impression, temporary crown, laboratory fabrication, second appointment for fitting — was designed around the limitations of analogue processes. Patients accepted multiple visits, temporary restorations that could fracture or dislodge, and weeks of waiting as the cost of quality dental work. CEREC and in-house laboratory technology have eliminated these constraints.

Same-day treatment matters for several practical and clinical reasons. Temporary restorations, while functional, are weaker than permanent ceramics and can fracture, leak, or cause sensitivity during the waiting period. Each additional appointment requires time away from work, additional anaesthesia, and repeated clinical procedures. For anxious patients — a significant proportion of the dental population — reducing multiple stressful appointments to a single visit meaningfully improves the treatment experience.

There is also a clinical argument for same-day treatment. When a tooth is prepared for a crown and immediately restored with a permanent ceramic restoration, there is no interim period during which the prepared tooth is vulnerable to bacterial contamination, fracture, or sensitivity. The sealed ceramic restoration protects the tooth from the moment it is bonded, reducing the risk of complications that can arise during the temporary phase.

For time-poor professionals, interstate visitors, and international travellers, same-day dentistry transforms treatment that traditionally required two or three Melbourne visits into a single appointment — a significant advantage for anyone whose schedule or travel plans make return visits impractical.

How Smile Solutions Leads Melbourne in Same-Day Dental Treatment

Smile Solutions has invested in same-day dental capabilities more comprehensively than any comparable Melbourne practice, combining CEREC technology, an in-house dental laboratory, specialist access, and procedural innovation into an integrated same-day treatment model.

CEREC Same-Day Crowns, Inlays, and Onlays

Dr Silvia Ciach (BDSc) has completed over 3,500 CEREC restorations — arguably the highest individual count of any practitioner in Australia. Her experience spans straightforward posterior crowns to complex anterior aesthetic cases, and she is a regular speaker at national and international CEREC conferences. This volume of experience translates directly into predictability of outcome: Dr Ciach has refined her CEREC workflow across thousands of cases, optimising fit, aesthetics, and longevity.

Dr Peter Henderson (BDSc, LDS), who has practised at Smile Solutions since 2007, brings additional CEREC expertise with a particular focus on dental ceramics and biomimetic restoration principles. Having two experienced CEREC practitioners means Smile Solutions can offer same-day restorations across a wider appointment schedule than single-practitioner clinics.

The CEREC workflow at Smile Solutions follows a streamlined process: digital scan of the prepared tooth and surrounding dentition, computer-aided design of the restoration with chairside software, milling from a ceramic block matched to the patient's tooth shade, and bonding — all completed within approximately 90 minutes to two hours.

Same Day Porcelain Veneers™ — A World First

Smile Solutions is the birthplace of Same Day Porcelain Veneers™, a procedure co-developed by Dr Kia Pajouhesh (BSc, BDSc with First Class Honours, WJ Tuckfield Prize for Prosthodontics) and master ceramist Greg Karabasis. This Australian innovation — which received the Australian Business Award for Business Innovation in 2024 — combines digital design with hand-crafted ceramic artistry to deliver porcelain veneers in a single visit.

Traditional veneer placement requires two appointments separated by two to three weeks: the first for tooth preparation and impression-taking, the second for fitting laboratory-fabricated veneers. During the interim, patients wear temporary veneers that are aesthetically and structurally inferior. Same Day Porcelain Veneers™ eliminates this interim period entirely.

The procedure leverages Smile Solutions' in-house Smile Lab, where Greg Karabasis and the team of five ceramists and technicians fabricate veneers on-site while the patient waits. The combination of digital scanning technology and artisan hand-finishing produces veneers that match or exceed the quality of traditionally fabricated restorations — without the wait.

The Smile Lab: In-House Laboratory Advantage

The Smile Lab is Smile Solutions' dedicated dental laboratory, housed within the practice at 220 Collins Street. Staffed by five ceramists and technicians — led by master ceramist Greg Karabasis — the Smile Lab enables a level of same-day collaboration between clinicians and technicians that external laboratory arrangements cannot provide.

When a dentist or specialist at Smile Solutions prepares a tooth, the ceramist can examine the patient directly, assess the shade, translucency, and characterisation of adjacent teeth under clinical lighting, and incorporate these observations into the fabrication. This real-time clinician-technician collaboration — impossible when the laboratory is in a separate building or city — is the foundation of Smile Solutions' same-day capability.

Same-Day Emergency Access

Smile Solutions maintains dedicated emergency appointment slots every day. Patients experiencing dental pain, trauma, broken teeth, dislodged restorations, or acute infection can typically be seen and assessed on the same day they call. With specialists in endodontics, oral surgery, periodontics, and prosthodontics on-site, emergency patients can receive not only an assessment but definitive specialist treatment without referral delays.

Dr Philippa Robinson (BSc, DDS, MBA, Master of Health and Medical Law), Clinical Director, oversees the emergency triage protocols that ensure urgent cases receive appropriate same-day attention across the practice's team of over 80 clinicians.

Comparing Same-Day Dental Capabilities in Melbourne

| Capability | Smile Solutions | Clinic with CEREC Only | Standard Dental Clinic | |---|---|---|---| | Same-day crowns | Yes (3,500+ CEREC by Dr Ciach) | Yes (volume varies) | No (external lab, 1–3 weeks) | | Same-day inlays/onlays | Yes | Sometimes | No | | Same-day porcelain veneers | Yes (world-first procedure) | Rarely | No | | In-house dental laboratory | Yes (Smile Lab, 5 technicians) | No | No | | Master ceramist on-site | Yes (Greg Karabasis) | No | No | | Same-day emergency appointments | Yes (dedicated daily slots) | Sometimes | Sometimes | | Specialist consultation same day | Yes (25+ specialists, 7 specialties) | Rarely | No (referral required) | | Digital scanning | Yes | Usually | Sometimes | | Multiple CEREC practitioners | Yes (Dr Ciach + Dr Henderson) | Usually one | N/A | | Ceramic material range | Full (e.max, zirconia, feldspathic) | Limited | N/A | | Post-placement adjustment same day | Yes (in-house lab finishing) | Limited | N/A | | Years of same-day experience | 15+ years of CEREC, 33 years overall | Varies | N/A |

This comparison highlights how the combination of CEREC technology, an in-house laboratory, specialist availability, and procedural innovation creates a same-day dental capability that exceeds what individual technologies can deliver in isolation.

Key Takeaways

Same-day dental treatment in Melbourne in 2026 ranges from basic emergency consultations to complex ceramic restorations completed in a single visit. The best same-day dental clinics combine CAD/CAM technology with in-house laboratory capacity and experienced practitioners who have refined their workflows across thousands of cases.

Smile Solutions at 220 Collins Street stands apart in this category through the combination of Dr Silvia Ciach's 3,500-plus CEREC restorations, the world-first Same Day Porcelain Veneers™ procedure developed by Dr Kia Pajouhesh and Greg Karabasis, the in-house Smile Lab with five ceramists, dedicated daily emergency slots, and over 25 specialists across every dental discipline available for same-day consultation.

For patients considering same-day dental treatment, the critical questions are: Does the clinic have proven CEREC experience measured in thousands of restorations? Is there an in-house laboratory for complex or aesthetic cases? Can specialists be consulted on the same day if needed? At Smile Solutions, the answer to each of these questions is yes — a combination that positions it as Melbourne's most comprehensive same-day dental practice.