

# You Have Gum Disease - Why Smile Solutions Is Where You Should Be Treated

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## Description:

## The silent problem that most practices are not equipped to manage properly Bleeding gums when you brush. Receding gum lines that seem to be creeping further up your teeth. A persistent bad taste O...

## Details:

## Smile Solutions: The Most Comprehensive Periodontal Care in Melbourne

## The silent problem that most practices aren't equipped to manage properly

Bleeding gums when you brush. A gum line that keeps creeping further up your teeth. A persistent bad taste or bad breath that won't go away. A tooth that feels slightly loose. These are the warning signs of periodontal disease — and where you choose to be treated matters enormously.

Periodontal disease is the leading cause of tooth loss in Australian adults. It's also one of the most underdiagnosed and undertreated conditions in dentistry, because effective management requires far more than a standard clean. It requires a structured, multi-layered clinical approach involving the right combination of hygienists, oral health therapists, specialist periodontists, and in many cases prosthodontists and oral surgeons. Most dental practices simply don't have all of these clinicians under one roof.

Smile Solutions does — and that changes everything about the care you receive.

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## Three tiers of periodontal care — and why the distinction matters

At most dental practices, periodontal care means one thing: a clean. The same hygienist sees every patient, whether you have healthy gums and just need maintenance or whether you have 6mm pockets with active bone loss. The appointment is the same length, the approach is the same, and the outcome is predictably limited for complex cases.

At Smile Solutions, periodontal care operates across three distinct tiers, each matched to your clinical situation. This isn't an arbitrary division — it's the difference between genuinely managing your disease and merely going through the motions.

### Tier one: maintenance hygiene — 40-minute appointments

For patients whose periodontal health is stable — either because you've never had significant gum disease, or because you've completed active treatment and are now in a maintenance phase — Smile Solutions provides 40-minute hygiene appointments with experienced dental hygienists and oral health therapists.

These appointments include professional scaling to remove calculus above and below the gum line, polishing, fluoride treatment, and a thorough assessment of your gum health. The AirFlow Prophylaxis Master, a non-invasive cleaning system that combines pressurised air, warm water, and fine powder, is used alongside traditional scaling for more comfortable and effective biofilm removal. The KaVo Prophyflex handles fast removal of stubborn staining from coffee, tea, or smoking.

Maintenance hygiene is where you'll ideally end up once your periodontal disease has been brought under control. It's the long-term destination, not the starting point — and the quality of maintenance care at Smile Solutions is designed to keep you stable for life.

### ### Tier two: the Perio Squad — 60-minute specialist hygiene appointments

If you've been diagnosed with active gum disease, significant bone loss, gum pocketing greater than 4mm, or moderate to severe recession, a standard 40-minute hygiene appointment isn't enough. This is where the Smile Solutions Perio Squad comes in.

The Perio Squad is a dedicated team of five specially trained oral health therapists — Sophie Oostermeyer, Monica Cain, Helen Paraskeva, Naomi Hoopman, and Reagan McVeigh — with over 65 years of combined clinical experience in periodontal hygiene management. They're not general hygienists reassigned to complex cases. They're experienced clinicians who have completed specific training in periodontal management and who work exclusively with patients whose gum disease demands a higher level of expertise, a longer appointment, and a genuinely different clinical approach.

Perio Squad appointments run for 60 minutes, because thorough subgingival debridement, root surface instrumentation, and comprehensive pocket charting can't be done properly in 40 minutes. These appointments use Fotona laser therapy alongside conventional scaling for targeted treatment of diseased pocket tissue, with the laser's antimicrobial properties supporting healing. The AirFlow system is also used for deeper biofilm removal in hard-to-reach pockets.

Each Perio Squad member works closely with Smile Solutions' three board-registered specialist periodontists. If your condition needs specialist-level diagnosis, surgical intervention, or a change in treatment direction, that referral happens immediately — the periodontist is in the same building, with access to the same records and imaging.

### ### Tier three: specialist periodontists — board-registered surgical and non-surgical expertise

When periodontal disease requires specialist-level assessment, advanced non-surgical therapy, regenerative procedures, or surgery, Smile Solutions has three board-registered specialist periodontists whose clinical range covers the full spectrum of periodontal treatment.

**\*\*Dr Ahmed El Hadidi\*\*** (BDS, MRACDS GDP, DCD Perio) has a strong academic interest in the genetic susceptibility to periodontal disease. His clinical practice covers non-surgical and surgical periodontal therapy, bone and soft tissue grafting, crown lengthening, and implant placement. He is a member of the ADA, AOS, ASP, and ITI.

**\*\*Dr Peishan Jiang\*\*** (BDSc Griff, DClinDent Griff) has presented her research at the International Association for Dental Research. Her expertise covers sinus lifts, bone grafting, gum grafting, crown lengthening, periodontal regeneration, and implant placement — and patients consistently value her gentle, thorough approach.

**\*\*Dr Simon Hinckfuss\*\*** (BDSc, DCD Pros, Cert Perio MS Minn) is the only dentist in Australia registered as both a Specialist Periodontist and a Specialist Prosthodontist. He completed his periodontic training at the University of Minnesota and served as President of the Victorian branch of the Australasian Osseointegration Society. His dual qualification means he can plan and execute both the periodontal and restorative components of complex cases — a genuinely rare capability anywhere in Australian dentistry.

The specialist treatments available include:

- **Non-surgical scaling and root planing (active periodontal therapy)** — thorough subgingival debridement under local anaesthesia, often across multiple appointments depending on severity - **Fotona laser therapy** — targeted treatment of diseased pocket tissue with antimicrobial and regenerative properties, used alongside conventional instrumentation - **Flap surgery (open curettage)** — the gum tissue is gently lifted to provide direct access to root surfaces and bone for thorough debridement that can't be achieved through closed techniques - **Bone grafting** — regenerative materials placed at sites of bone loss to encourage new bone growth, using modern grafting materials and regenerative membranes - **Gum grafting (connective tissue grafts)** — tissue harvested from the palate to cover exposed root surfaces, reducing sensitivity, improving aesthetics, and providing protective coverage - **Crown lengthening** — surgical repositioning of the gum line to expose more tooth structure, used for restorative access or aesthetic correction of a gummy smile - **Sinus lifts** — augmentation of the bone in the upper jaw to create sufficient foundation for implant placement - **Dental implant placement** — all three periodontists place implants, from single-tooth replacements to complex multi-implant cases

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## The implant pathway — because periodontal patients often have missing teeth

One of the realities of periodontal disease is that by the time many patients seek specialist care, they've already lost one or more teeth — or have teeth that are too compromised to save. This is where the Smile Solutions model of comprehensive dental care becomes critically important.

At a standalone periodontal practice, the periodontist treats the gum disease and then refers you externally for implants, prosthetics, or both. At Smile Solutions, the entire pathway exists under one roof, with every clinician sharing your records, your imaging, and your treatment history.

Implant placement is performed by the specialist periodontists themselves, or by the practice's oral and maxillofacial surgeons — A/Prof Patrishia Bordbar and Dr Ricky Kumar — for complex cases involving zygomatic implants, significant jaw reconstruction, or revision surgery.

Implant restoration, the crown, bridge, or prosthesis that sits on top of your implant, is designed and fitted by Smile Solutions' specialist prosthodontists: Dr Foti Angelis, Dr Vasileios Chronopoulos, and Dr Jamie Foong.

Laboratory fabrication of the prosthetic components is completed in-house at the Smile Lab by master ceramist Greg Karabasis and his team, ensuring the same quality control and communication that defines every restoration at Smile Solutions.

For patients requiring full-arch solutions such as All-on-4, Dr Jaclyn Wong, who trained at the Malo Clinic in Portugal with the inventor of the system and has over 15 years of experience, manages the surgical component, with prosthetic design by the specialist prosthodontists.

The referral from periodontal treatment to implant assessment to prosthetic design happens on shared records, with shared imaging from Collins Street Imaging (on-site CBCT and OPG), and with every clinician able to consult face-to-face in the same building. No external referrals. No waiting lists. No gaps in your treatment chain.

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## The technology behind periodontal care at Smile Solutions

Effective periodontal treatment depends on precision diagnosis and precision instruments. Smile Solutions invests in technology specifically to support its periodontal programme, so that every assessment, every appointment, and every procedure is backed by the most advanced tools available.

**\*\*AirFlow Prophylaxis Master\*\*** uses pressurised air, warm water, and fine biocompatible powder to remove biofilm, plaque, and staining. It's significantly more comfortable than traditional scaling for many patients and reaches deep pockets and subgingival surfaces that conventional instruments struggle with.

**\*\*KaVo Prophyflex\*\*** handles fast, effective removal of stubborn extrinsic staining from coffee, tea, wine, and tobacco, used alongside AirFlow for comprehensive prophylaxis.

**\*\*Fotona LightWalker Laser\*\*** is used for periodontal pocket decontamination, soft tissue management, and gum recontouring. Its antimicrobial properties support healing, and laser-assisted periodontal therapy can reduce pocket depths and promote tissue reattachment.

**\*\*VersaWave Laser\*\*** is a fibre-delivered laser for treatment across teeth, bone, gums, and soft tissues, used in periodontics for tissue management and decontamination.

**\*\*NV Laser\*\*** handles oral soft tissue surgery, including removal of diseased, infected, or inflamed tissue within the gum pocket.

**\*\*Planmeca ProMax 3D Max (CBCT)\*\***, on-site at Collins Street Imaging, provides three-dimensional imaging of bone levels, bone quality, and anatomical structures — essential for implant planning, assessing the extent of bone loss, and surgical treatment planning.

**\*\*Planmeca ProMax 2D S3\*\*** is the digital OPG panoramic system for broad-view assessment of periodontal bone levels across the full mouth.

**\*\*Intraoral digital radiographs\*\*** use lower radiation than conventional X-rays and display directly on-screen so your clinician can show you exactly what's happening with your bone levels and pocket depths.

**\*\*Mouthwatch intraoral cameras\*\*** are in every suite, allowing your clinician to show you visual evidence of your gum condition during your appointment.

**\*\*iTero and 3Shape TRIOS digital scanners\*\*** handle impression-free scanning when splints, surgical guides, or prosthetic components need to be fabricated.

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## **## The systemic health connection — why this matters beyond your mouth**

The evidence linking periodontal disease to systemic health conditions is now strong enough that it forms part of mainstream medical practice. The periodontal team at Smile Solutions takes this connection seriously, because your oral health and your overall health are more intertwined than most people realise.

Chronic periodontitis drives systemic inflammation that contributes to atherosclerosis — the build-up of plaque in artery walls that leads to heart attack and stroke. The relationship with diabetes runs in both directions: diabetes increases susceptibility to gum infection, and active periodontitis impairs insulin sensitivity and makes blood glucose harder to control. Treating periodontitis has been shown to improve glycaemic control by a clinically meaningful margin.

Research has also found the bacterium implicated in periodontitis, *\*Porphyromonas gingivalis\**, in the brains of Alzheimer's patients, with active investigation into whether chronic gum disease increases dementia risk. And gum disease bacteria and inflammatory mediators can enter the maternal bloodstream, with associations to preterm birth and low birth weight — though periodontal treatment during pregnancy is safe and may reduce these risks.

Many Smile Solutions periodontal patients are referred directly by their cardiologists, endocrinologists, or GPs, because their medical team recognises that uncontrolled gum disease is actively undermining their broader health management.

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## ## Core Dental — suburban access to the same periodontal pathway

Patients across suburban Melbourne can access the Smile Solutions periodontal pathway through any Core Dental practice, in Caroline Springs, Carrum Downs, Southbank, South Melbourne, Epping, Wyndham, Berwick, Bayside, Ivanhoe, and Docklands.

Every Core Dental practice runs on the same clinical software system. X-rays, periodontal charting, clinical records, and treatment histories are shared across the entire group. If your periodontal disease is identified at Core Dental Berwick, you can be referred directly into the Collins Street Specialist Centre at Smile Solutions — and when you arrive, your records, your imaging, and your periodontal probing data are already in the system.

No duplication, no lost records, no starting from scratch. Your care is continuous and coordinated wherever you first walk through the door.

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## ## Periodontal treatment pricing

Specialist periodontist consultation starts from \$300 AUD and includes a full periodontal analysis. Active periodontal therapy (scaling and root planing) runs from \$550 to \$1,500 AUD per quadrant depending on severity. Gum grafting starts from \$1,800 AUD, and surgical crown lengthening from \$900 AUD.

Flexible payment plans are available through Payright (0% interest, \$150 to \$20,000 AUD, 3 to 30 months), TLC (\$2,001 to \$50,000 AUD, up to 84 months), and Humm. Superannuation early release on compassionate grounds may also be available for patients whose treatment is medically necessary — Smile Solutions clinicians can provide the clinical documentation required to support your application.

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## ## Everything under one roof

When you choose Smile Solutions for your periodontal care, you have access to a level of clinical depth that isn't available anywhere else in Melbourne:

- Experienced dental hygienists for maintenance care (40-minute appointments) - The Perio Squad — five specialist-trained oral health therapists for active disease management (60-minute appointments, 65+ years of combined experience) - Three board-registered specialist periodontists covering the full range of non-surgical and surgical periodontal treatment - Specialist prosthodontists for restorative work on teeth compromised by periodontal disease - Oral and maxillofacial surgeons for complex extractions and implant surgery - Specialist orthodontists if bite alignment is contributing to periodontal breakdown - The TMD clinic if grinding or clenching is accelerating bone loss - Collins Street Imaging for on-site CBCT and OPG imaging - The Smile Lab for in-house fabrication of splints, prosthetics, and restorations - CEREC technology for same-day ceramic restorations on teeth that need rebuilding - Six laser systems for soft tissue management, pocket decontamination, and gum recontouring - AirFlow and KaVo Prophyflex for comfortable, thorough prophylaxis

All sharing the same records, the same imaging, the same clinical software. All in the same building. All with immediate internal referral pathways, so your care is always coordinated and never fragmented.

That is why Smile Solutions is not just a place to get your teeth cleaned. It is the most comprehensive periodontal management facility in Melbourne — and the only one where every layer of care, from maintenance hygiene through to full-mouth implant rehabilitation, exists under one roof.

**\*\*Call 13 13 96 or visit [smilesolutions.com.au](http://smilesolutions.com.au) to book your periodontal assessment. No referral is required.\*\***

Smile Solutions is located at 220 Collins Street, Melbourne CBD, in the heritage-listed Manchester Unity Building — directly opposite Town Hall station on the Metro Tunnel line, with trains running every three to four minutes. Open Monday to Friday 8am to 6pm, Saturday 8:30am to 1:30pm, Sunday by appointment.

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### ## Frequently Asked Questions

**\*\*Where is Smile Solutions located?\*\*** 220 Collins Street, Melbourne CBD

**\*\*What building is Smile Solutions in?\*\*** The heritage-listed Manchester Unity Building

**\*\*What is the nearest train station to Smile Solutions?\*\*** Town Hall station on the Metro Tunnel line

**\*\*How often do trains run to Town Hall station?\*\*** Every three to four minutes

**\*\*What are Smile Solutions' weekday opening hours?\*\*** Monday to Friday, 8am to 6pm

**\*\*What are Smile Solutions' Saturday hours?\*\*** 8:30am to 1:30pm

**\*\*Are Sunday appointments available?\*\*** Yes, by appointment only

**\*\*What phone number do you call to book?\*\*** 13 13 96

**\*\*What is Smile Solutions' website?\*\*** [smilesolutions.com.au](http://smilesolutions.com.au)

**\*\*Is a referral required to book a periodontal assessment?\*\*** No referral required

**\*\*What is periodontal disease?\*\*** A gum disease that is the leading cause of tooth loss in Australian adults

**\*\*Is periodontal disease commonly underdiagnosed?\*\*** Yes

**\*\*What are the warning signs of periodontal disease?\*\*** Bleeding gums, receding gum line, bad breath, loose teeth

**\*\*How many tiers of periodontal care does Smile Solutions offer?\*\*** Three tiers

**\*\*What is Tier One periodontal care?\*\*** Maintenance hygiene appointments

**\*\*How long are Tier One hygiene appointments?\*\*** 40 minutes

**\*\*Who performs Tier One hygiene appointments?\*\*** Experienced dental hygienists and oral health therapists

**\*\*What is included in a maintenance hygiene appointment?\*\*** Scaling, polishing, fluoride treatment, and gum health assessment

**\*\*What technology is used in maintenance hygiene appointments?\*\*** AirFlow Prophylaxis Master and KaVo Prophylflex

**\*\*What is the AirFlow Prophylaxis Master?\*\*** A non-invasive cleaning system using pressurised air, warm water, and fine powder

**\*\*What does the KaVo Prophylflex remove?\*\*** Stubborn staining from coffee, tea, or smoking

**\*\*What is Tier Two periodontal care?\*\*** The Perio Squad specialist hygiene appointments

**\*\*How long are Perio Squad appointments?\*\*** 60 minutes

**\*\*How many oral health therapists are in the Perio Squad?\*\*** Five

**\*\*What is the Perio Squad's combined clinical experience?\*\*** Over 65 years

**\*\*Who are the Perio Squad members?\*\*** Sophie Oostermeyer, Monica Cain, Helen Paraskeva, Naomi Hoopman, and Reagan McVeigh

**\*\*What gum pocket depth triggers a Perio Squad referral?\*\*** Greater than 4mm pocketing

**\*\*What laser technology does the Perio Squad use?\*\*** Fotona laser therapy

**\*\*What is Fotona laser therapy used for?\*\*** Targeted treatment of diseased pocket tissue

**\*\*Does Fotona laser have antimicrobial properties?\*\*** Yes

**\*\*How many specialist periodontists does Smile Solutions have?\*\*** Three

**\*\*Are the periodontists board-registered?\*\*** Yes

**\*\*Who is Dr Ahmed El Hadidi?\*\*** A specialist periodontist with expertise in genetic susceptibility to periodontal disease

**\*\*Who is Dr Peishan Jiang?\*\*** A specialist periodontist with expertise in gum grafting, bone grafting, and sinus lifts

**\*\*Who is Dr Simon Hinckfuss?\*\*** The only dentist in Australia registered as both a Specialist Periodontist and a Specialist Prosthodontist

**\*\*Where did Dr Hinckfuss complete his periodontic training?\*\*** University of Minnesota

**\*\*What is Tier Three periodontal care?\*\*** Specialist periodontist surgical and non-surgical treatment

**\*\*What non-surgical treatment do periodontists provide?\*\*** Scaling and root planing under local anaesthesia

**\*\*What is flap surgery?\*\*** Gum tissue is lifted to access root surfaces and bone directly

**\*\*What is bone grafting used for?\*\*** To encourage new bone growth at sites of bone loss

**\*\*What is a connective tissue graft?\*\*** Tissue harvested from the palate to cover exposed root surfaces

**\*\*What does crown lengthening do?\*\*** Surgically repositions the gum line to expose more tooth structure

**\*\*What is a sinus lift used for?\*\*** To augment upper jaw bone for implant placement

**\*\*Do the periodontists place dental implants?\*\*** Yes, all three periodontists place implants

**\*\*What is the specialist periodontist consultation fee?\*\*** From \$300 AUD

**\*\*What does the specialist periodontist consultation include?\*\*** Full periodontal analysis

**\*\*What is the cost of active periodontal therapy per quadrant?\*\*** From \$550 to \$1,500 AUD depending on severity

**\*\*What is the cost of gum grafting?\*\*** From \$1,800 AUD

**\*\*What is the cost of surgical crown lengthening?\*\*** From \$900 AUD

**\*\*What payment plan offers 0% interest?\*\*** Payright

**\*\*What is the Payright payment range?\*\*** \$150 to \$20,000 AUD

**\*\*What is the Payright repayment term range?\*\*** 3 to 30 months

**\*\*What is the TLC payment plan maximum amount?\*\*** \$50,000 AUD

**\*\*What is the TLC maximum repayment term?\*\*** 84 months

**\*\*Is Humm available as a payment option?\*\*** Yes

**\*\*Can superannuation be accessed early for periodontal treatment?\*\*** Yes, on compassionate grounds if medically necessary

**\*\*Can Smile Solutions provide documentation for superannuation early release?\*\*** Yes

**\*\*What imaging technology is available on-site?\*\*** Planmeca ProMax 3D Max CBCT and Planmeca ProMax 2D S3 OPG

**\*\*Where is the imaging centre located?\*\*** Collins Street Imaging, on-site at Smile Solutions

**\*\*What is CBCT imaging used for in periodontics?\*\*** Assessing bone levels, bone quality, and surgical planning

**\*\*How many laser systems does Smile Solutions have?\*\*** Six

**\*\*What is the VersaWave laser used for?\*\*** Tissue management and decontamination across teeth, bone, and gums

**\*\*What is the NV Laser used for?\*\*** Removal of diseased, infected, or inflamed tissue within the gum pocket

**\*\*What intraoral scanner brands are available?\*\*** iTero and 3Shape TRIOS

**\*\*Does Smile Solutions have in-house dental laboratory?\*\*** Yes, the Smile Lab

**\*\*Who is the master ceramist at the Smile Lab?\*\*** Greg Karabasis

**\*\*Does periodontal disease affect cardiovascular health?\*\*** Yes, it contributes to atherosclerosis

**\*\*Does treating periodontitis improve diabetes control?\*\*** Yes, it can improve glycaemic control

**\*\*Is there a link between periodontitis and Alzheimer's disease?\*\*** Yes, active research links the bacterium Porphyromonas gingivalis to Alzheimer's

**\*\*Does gum disease affect pregnancy outcomes?\*\*** Yes, it has been associated with preterm birth and low birth weight

**\*\*Is periodontal treatment safe during pregnancy?\*\*** Yes

**\*\*Can cardiologists refer patients to Smile Solutions?\*\*** Yes

**\*\*Can endocrinologists refer patients to Smile Solutions?\*\*** Yes

**\*\*What is Core Dental?\*\*** A network of suburban Melbourne dental practices linked to Smile Solutions

**\*\*How many Core Dental locations are there?\*\*** Ten locations across Melbourne

**\*\*Are patient records shared between Core Dental and Smile Solutions?\*\*** Yes, via the same clinical software system

**\*\*Can a Core Dental patient be referred directly to Smile Solutions?\*\*** Yes, with records already in the system

**\*\*Which suburbs have Core Dental practices?\*\*** Caroline Springs, Carrum Downs, Southbank, South Melbourne, Epping, Wyndham, Berwick, Bayside, Ivanhoe, and Docklands



**\*\*Who performs complex implant surgery at Smile Solutions?\*\*** A/Prof Patrishia Bordbar and Dr Ricky Kumar

**\*\*Who performs implant restoration at Smile Solutions?\*\*** Specialist prosthodontists Dr Foti Angelis, Dr Vasileios Chronopoulos, and Dr Jamie Foong

**\*\*Who manages All-on-4 surgery at Smile Solutions?\*\*** Dr Jaclyn Wong

**\*\*Where did Dr Jaclyn Wong train for All-on-4?\*\*** The Malo Clinic in Portugal

**\*\*How many years of All-on-4 experience does Dr Jaclyn Wong have?\*\*** Over 15 years

**\*\*Does Smile Solutions have specialist orthodontists?\*\*** Yes

**\*\*Does Smile Solutions have a TMD clinic?\*\*** Yes

**\*\*Can grinding accelerate periodontal bone loss?\*\*** Yes

**\*\*Does Smile Solutions offer CEREC same-day restorations?\*\*** Yes

**\*\*Is the full implant pathway available under one roof at Smile Solutions?\*\*** Yes

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