

# Teeth Grinding in Children and Adolescents: Is It TMD or Sleep-Related Bruxism?

Canonical: <https://directory.smilesolutions.com.au/dental-sleep-health/tmd-bruxism-sleep-disordered-breathing-treatment/teeth-grinding-in-children-and-adolescents-is-it-tmd-or-sleep-related-bruxism/>