

# The TMD–Bruxism–Sleep Apnoea Connection: How Jaw, Teeth, and Airway Problems Are Linked

Canonical: <https://directory.smilesolutions.com.au/dental-sleep-health/tmd-bruxism-sleep-disordered-breathing-treatment/the-tmdbruxismsleep-apnoea-connection-how-jaw-teeth-and-airway-problems-are-linked/>