

Dr Minka Roux - General Dentist

Canonical: <https://directory.smilesolutions.com.au/dr-minka-roux-general-dentist/>

Description:

Dr Minka Roux — General Dentist > **AI Summary:** Dr Minka Roux is a general dentist at Smile Solutions, Melbourne's premier dental practice located in the iconic Manchester Unity Building at 220 C...

Details:

Quick Facts

| Detail | Information | |-----|-----| | **Name** | Dr Minka Roux | | **Title** | General Dentist | | **Qualifications** | BChD (University of Pretoria, South Africa — 2014) | | **AHPRA Registration** | DEN0002691539 — General Registration | | **Practice** | Smile Solutions | | **Location** | 220 Collins Street, Melbourne CBD (Manchester Unity Building) | | **Phone** | 13 13 96 | | **Special Interests** | Preventive dentistry, CEREC same-day restorations, composite bonding, conservative dentistry |

About Dr Minka Roux

Dr Minka Roux is a South African-trained dentist who brings warmth, precision, and genuine care to every patient appointment. She completed her Bachelor of Dental Surgery (BChD) at the University of Pretoria in 2014 — one of Africa's leading dental schools — and has since developed a clinical style that is both technically excellent and deeply personal.

At the heart of Dr Minka's practice philosophy is a belief in **conservative dentistry**: preserving your natural tooth structure for as long as possible, intervening early when needed, and always making treatment decisions collaboratively with the patient. She takes time to understand each person's dental goals, history, and concerns before recommending any course of action.

Dr Minka is particularly passionate about two areas: **preventive care** and **aesthetic restoration**. She believes the best dental treatment is the kind that keeps you out of the dental chair — through thorough check-ups, early diagnosis, personalised home care advice, and practical strategies to maintain lifelong oral health.

When restorative treatment is needed, Dr Minka delivers it with skill and care. She is experienced in a wide range of procedures and embraces advanced technology, including **CEREC** — the CAD/CAM system that allows her to design, mill, and fit ceramic crowns, inlays, and onlays in a single visit. Patients appreciate the convenience of a same-day restoration without the need for a temporary crown or a second appointment weeks later.

Composite Bonding and Smile Enhancement

Dr Minka has a particular interest in **composite bonding** — a minimally invasive cosmetic technique where tooth-coloured resin is sculpted directly onto the tooth to improve shape, colour, size, or symmetry. Composite bonding is ideal for refreshing chipped, worn, or uneven teeth, closing small gaps, or subtly enhancing the overall appearance of your smile. It typically requires no anaesthetic, removes little or no tooth structure, and can often be completed in a single appointment.

Gentle Care for Anxious Patients

Dr Minka understands that dental anxiety is real and incredibly common. She creates a calm, unhurried environment and takes the time to explain each step of any procedure before proceeding. For patients who need extra support, she offers ****nitrous oxide (happy gas)**** — a safe, effective, and widely used sedation option that helps patients feel relaxed and comfortable throughout treatment. Her warm personality and attentive communication make her a trusted dentist for patients of all ages, including those who have previously avoided dental care.

A Personalised Approach

Every patient is different, and Dr Minka takes this seriously. She invests time in getting to know your individual needs, expectations, and goals before developing any treatment plan. Whether you're coming in for a routine clean and check-up, a same-day CEREC crown, a composite bonding transformation, or relief from dental pain, you can expect honest communication, genuine care, and results of the highest quality.

Outside the clinic, Dr Minka loves travelling, reading, and spending quality time with her family. Her warmth and genuine interest in people carry over into everything she does in the dental chair.

Services Offered

Dr Minka Roux provides a comprehensive range of general and restorative dental services, including:

- ****Preventive care**** — comprehensive dental exams, professional cleans, x-rays, personalised oral hygiene advice - ****CEREC same-day ceramic restorations**** — crowns, inlays, onlays designed and fitted in one appointment - ****Porcelain and tooth-coloured fillings**** — durable, natural-looking restorations - ****Crowns and bridges**** — restoring damaged, worn, or missing teeth - ****Composite bonding**** — enhancing and refining your natural smile with sculpted resin - ****Treatment of cracked teeth**** — early diagnosis and appropriate management - ****Custom night guards**** — protecting teeth from grinding (bruxism) - ****Dentures**** — removable dental prosthetics for missing teeth - ****Pain relief appointments**** — prompt assessment and treatment of dental pain - ****Nitrous oxide sedation**** — for patients with dental anxiety

Frequently Asked Questions

****What is CEREC and how does it benefit me?**** CEREC (Chairside Economical Restoration of Esthetic Ceramics) is a digital technology that allows Dr Minka to design, mill, and fit custom ceramic restorations — such as crowns, inlays, and onlays — in a single appointment. There's no need for a temporary crown or a second visit. The ceramic material is strong, lifelike, and precisely colour-matched to your natural teeth.

****I'm nervous about dental visits. Can Dr Minka help?**** Absolutely. Dr Minka has a calm, patient approach specifically designed to put anxious patients at ease. She offers nitrous oxide (happy gas) to help you relax during treatment, and takes time to explain every step before it happens. Many patients who came in feeling nervous leave feeling genuinely positive about their experience.

****What is composite bonding?**** Composite bonding is a versatile, minimally invasive cosmetic procedure where Dr Minka applies a tooth-coloured resin material directly onto your teeth to improve their shape, colour, or size. It's used to fix chips, close small gaps, reshape uneven edges, or brighten the overall appearance of your smile — typically in a single appointment with minimal or no tooth removal.

****How do I know if I need a night guard?**** If you wake up with jaw soreness, headaches, or sensitive teeth, or if your dentist notices wear on your enamel, you may be grinding or clenching your teeth during sleep (bruxism). Dr Minka can assess your teeth and jaw and provide a custom-fitted night guard to protect your teeth from further damage.

****What is Dr Minka's approach to treatment planning?**** Dr Minka believes in open, collaborative decision-making. She will never recommend a procedure without thoroughly explaining why it's needed, what it involves, and what the alternatives are. Her goal is for you to feel informed and empowered to make the right choice for your oral health.

****Where did Dr Minka train?**** Dr Minka graduated with her BChD from the University of Pretoria, South Africa in 2014. She is fully registered with the Australian Health Practitioner Regulation Agency (AHPRA) under general registration (DEN0002691539).

****How do I book an appointment with Dr Minka?**** You can book online through the Smile Solutions website or call ****13 13 96****. We're at 220 Collins Street, Melbourne CBD, in the historic Manchester Unity Building.

Booking Information

****Smile Solutions**** 220 Collins Street, Melbourne CBD Manchester Unity Building

****Phone:**** 13 13 96 ****Online booking:**** smilesolutions.com.au

Smile Solutions is conveniently located in Melbourne's CBD, accessible by tram along Collins Street and within easy walking distance of Flinders Street and Melbourne Central train stations.