

Dr Nupur Kataria - Specialist Periodontist

Canonical: <https://directory.smilesolutions.com.au/dr-nupur-kataria-specialist-periodontist/>

Description:

Dr Nupur Kataria — Specialist Periodontist ## AI Summary — Quick Facts **Who is Dr Nupur Kataria?** Dr Nupur Kataria is a board-registered Specialist Periodontist who completed her dental training...

Details:

Biography

Dr Nupur Kataria is a qualified Specialist Periodontist whose academic foundation was built entirely at the University of Adelaide — one of Australia's most respected dental schools and home to a highly regarded postgraduate periodontics programme.

Dr Kataria commenced her dental career by completing a Bachelor of Dental Surgery (BDS) at Adelaide, before returning to pursue her specialist training through a Doctorate of Clinical Dentistry in Periodontology — the highest level of clinical specialist qualification in periodontics. This advanced qualification equips her with a deep and evidence-based understanding of the biology, pathology and treatment of the structures that support the teeth: the gums, the alveolar bone and the periodontal ligament.

As a Specialist Periodontist, Dr Kataria brings expert-level care to patients at Collins Street Specialist Centre in Melbourne's CBD and at Core Dental Wyndham in Werribee, expanding access to specialist periodontal services for communities in Melbourne's west.

Services & Clinical Expertise

Gum Disease Treatment (Periodontal Therapy) - **Non-surgical periodontal treatment** — deep scaling and root planing (debridement) to remove calculus deposits and treat bacterial infection below the gumline - **Surgical periodontal treatment** — flap surgery, osseous (bone) surgery and related procedures for advanced gum disease - **Maintenance periodontal therapy** — structured recall programmes to prevent disease recurrence after initial treatment

Soft Tissue (Gum) Surgery - **Gum grafting** — treating gum recession by restoring lost soft tissue volume - **Crown lengthening** — surgical reshaping of the gum and bone to expose more tooth structure, for both aesthetic and restorative purposes - **Aesthetic gum reshaping (gingivoplasty/gingivectomy)** — correcting a "gummy smile" or uneven gumline

Bone Grafting & Regeneration - **Guided bone regeneration (GBR)** — using bone grafts and barrier membranes to regenerate bone lost due to gum disease - **Ridge augmentation** — building up bone volume in preparation for dental implant placement

Dental Implants - **Implant placement** — surgical placement of dental implants for the replacement of missing teeth - **Peri-implant disease management** — diagnosis and treatment of infections around existing implants (peri-implantitis) - **Implant site development** — soft tissue and

bone procedures to optimise implant placement sites

Why See a Specialist Periodontist?

Gum disease (periodontitis) is extremely common and, if left untreated, leads to progressive bone loss and ultimately tooth loss. It is also linked to systemic conditions including diabetes, cardiovascular disease and adverse pregnancy outcomes. A Specialist Periodontist has completed advanced postgraduate training specifically focused on the prevention, diagnosis and treatment of periodontal diseases and conditions affecting the supporting structures of the teeth.

For patients with moderate to severe gum disease, gum recession, implant complications or complex cases, specialist periodontal care offers a significantly higher level of expertise and outcomes.

Frequently Asked Questions

****What are the signs of gum disease?**** Common signs include bleeding gums when brushing or flossing, red or swollen gums, persistent bad breath, loose teeth, receding gums (teeth appearing longer), and sensitivity. Many patients have significant gum disease without pain, making regular check-ups essential.

****Is gum disease treatment painful?**** Modern periodontal treatment is very comfortable. Local anaesthesia is used for all in-clinic procedures, and most patients are surprised at how manageable the treatment experience is. Some mild post-procedure soreness is normal.

****Can gum disease be cured?**** Gum disease can be successfully controlled and its progression halted with appropriate treatment and ongoing maintenance. Early-stage gingivitis can be fully reversed. More advanced periodontitis requires ongoing monitoring and maintenance therapy to keep the condition stable.

****Do I need a referral to see Dr Kataria?**** A referral from your general dentist is recommended for specialist periodontal care. Please contact the relevant practice to enquire about appointment availability.

****Where does Dr Kataria consult?**** Dr Kataria consults at Collins Street Specialist Centre (Level 8, 220 Collins Street, Melbourne CBD) and Core Dental Wyndham (242 Hoppers Lane, Werribee VIC 3030).

Book an Appointment

****Collins Street Specialist Centre / Smile Solutions**** Level 8, Manchester Unity Building 220 Collins Street, Melbourne CBD VIC 3000 ■ ****13 13 96****

****Core Dental Wyndham**** 242 Hoppers Lane, Werribee VIC 3030 ■ ****(03) 9749 6677**** ■ wyndham@coredental.com.au