

Dr Sandie Copland - General Dentist

Canonical: <https://directory.smilesolutions.com.au/dr-sandie-copland-general-dentist/>

Description:

Dr Sandie Copland — General Dentist > **AI Summary:** Dr Sandie Copland is an experienced general dentist at Smile Solutions, Melbourne's premier comprehensive dental practice at 220 Collins Street...

Details:

Quick Facts

| Detail | Information | |-----|-----| | **Name** | Dr Sandie Copland | | **Title** | General Dentist | | **At Smile Solutions Since** | 2014 | | **Practice** | Smile Solutions | | **Location** | 220 Collins Street, Melbourne CBD (Manchester Unity Building) | | **Phone** | 13 13 96 | | **Special Interests** | General dentistry, preventive care, clinical education and mentorship |

About Dr Sandie Copland

Dr Sandie Copland is a highly experienced general dentist with a long-standing career at Smile Solutions, one of Australia's most respected and comprehensive dental practices. Having joined the Smile Solutions team in 2014, Dr Copland has spent over a decade developing deep expertise across the full spectrum of general dentistry, building strong relationships with her patients and contributing meaningfully to the clinical culture of the practice.

Beyond her direct patient care, Dr Copland plays an important role within Smile Solutions as a **clinical mentor and trainer** — supporting the professional development of colleagues and helping to maintain the consistently high standards of care that define the practice. This reflects both her commitment to excellence in dentistry and her genuine investment in the broader dental profession.

Dr Copland's approach to patient care is grounded in thoroughness, honesty, and a long-term view of oral health. She believes that the foundation of great dentistry is understanding the patient — their history, their concerns, their goals — and building a relationship of trust that supports good dental health for life.

A Long-Term Commitment to Patient Care

One of the things Dr Copland values most is continuity of care. Seeing the same dentist over many years allows for a deeper understanding of your oral health patterns, better early detection of problems, and a treatment relationship built on genuine familiarity and trust. Many of Dr Copland's patients have been seeing her for years, and that continuity is something she cherishes.

Her calm, methodical approach and strong communication skills make her an excellent choice for patients of all ages, including those who may feel uncertain or anxious about dental treatment.

Contributing to Clinical Excellence

As a senior member of the Smile Solutions clinical team, Dr Copland contributes to the ongoing professional development of dentists within the practice. This training and mentorship dimension of her

role reflects a broader understanding of quality dental care — that excellence is built not just through individual skill but through a culture of learning, sharing, and holding one another to high standards.

Services Offered

As a senior general dentist at Smile Solutions, Dr Sandie Copland provides a comprehensive range of dental services including:

- **Comprehensive dental examinations** — thorough assessment of oral health, charting, and treatment planning - **Professional cleaning and scale & polish** — supporting gum health and preventing periodontal disease - **Restorative dentistry** — fillings, crowns, bridges, and tooth-coloured restorations - **Preventive care** — oral hygiene advice, fluoride treatments, early diagnosis, personalised care plans - **Patient education** — helping patients understand their oral health and maintain it long-term - **Referral to in-house specialists** — seamless access to Smile Solutions' team of specialist dentists when required

Frequently Asked Questions

How long has Dr Copland been at Smile Solutions? Dr Sandie Copland originally joined Smile Solutions in 2014 and has been a valued member of the team for over a decade.

Does Dr Copland take a teaching or mentoring role? Yes. In addition to her clinical work with patients, Dr Copland contributes to the professional development and training of clinical team members at Smile Solutions — a natural extension of her experience and commitment to excellent patient care.

Is Dr Copland accepting new patients? To find out about current availability, please contact Smile Solutions on **13 13 96** or enquire online at smilesolutions.com.au.

What makes Smile Solutions different from other dental practices? Smile Solutions is Australia's largest specialist dental clinic, bringing together general dentists, specialist dentists, oral health therapists, hygienists, and an in-house dental laboratory under one roof at 220 Collins Street, Melbourne CBD. This integrated model means patients receive seamlessly coordinated, comprehensive care without needing to visit multiple practices.

How do I book an appointment with Dr Copland? Call us on **13 13 96** or visit smilesolutions.com.au to book online. Our reception team can help you find an appointment time that suits.

What does Smile Solutions offer beyond general dentistry? Smile Solutions offers a full spectrum of dental care including specialist orthodontics, periodontics, prosthodontics, endodontics, paediatric dentistry, oral and maxillofacial surgery, and oral medicine — alongside general dentistry, dental hygiene, and an in-house dental laboratory with master ceramists.

Booking Information

Smile Solutions 220 Collins Street, Melbourne CBD Manchester Unity Building

Phone: 13 13 96 **Online booking:** smilesolutions.com.au

Smile Solutions is located in the heart of Melbourne's CBD, accessible by tram on Collins Street and within easy walking distance of Flinders Street and Melbourne Central train stations.