

Dr Yasmin Coulthard - General Dentist

Canonical: <https://directory.smilesolutions.com.au/dr-yasmin-coulthard-general-dentist/>

Description:

Dr Yasmin Coulthard — General Dentist at Smile Solutions Melbourne > **AI Summary:** Dr Yasmin Coulthard (BDSc, University of Melbourne, 2001) is a general dentist at Smile Solutions — Australia's ...

Details:

Quick Facts

| Field | Detail | ---|---| | **Name** | Dr Yasmin Coulthard | | **Role** | General Dentist | | **Qualifications** | BDSc (Melb) | | **AHPRA Registration** | DEN0001023302 — Registered Dentist, General Registration | | **University** | University of Melbourne | | **Graduated** | 2001 | | **Joined Smile Solutions** | July 2005 | | **Special Interests** | Restorative dentistry, CEREC CAD-CAM technology, porcelain veneers, holistic dentistry | | **Clinic** | Smile Solutions, Level 10, Manchester Unity Building, 220 Collins Street, Melbourne VIC 3000 | | **Phone** | 13 13 96 | | **Founded** | Smile Solutions established 1993 by Dr Kia Pajouhesh |

About Dr Yasmin Coulthard

Dr Yasmin Coulthard is one of Melbourne's most experienced general dentists, having built her career over two decades at one of Australia's most respected dental institutions. A University of Melbourne graduate, Yasmin has practised at Smile Solutions since July 2005 — a testament to her commitment to collaborative, high-quality dental care in a multidisciplinary environment.

Yasmin's approach to dentistry is grounded in a deep appreciation for the breadth and nuance of general dental practice. She embraces the full range of skills that general dentistry demands — from preventative care and early intervention to complex restorative work — and brings particular passion and expertise to the field of restorative dentistry.

Expertise and Clinical Interests

Restorative Dentistry and CEREC Technology

Among Yasmin's most notable areas of expertise is her mastery of the CEREC (Chairside Economical Restoration of Esthetic Ceramics) CAD-CAM system — a sophisticated digital technology that allows high-quality ceramic restorations to be designed, milled and fitted in a single appointment. This means that what previously required multiple visits and temporary restorations can now be completed in one short, efficient sitting.

The CEREC system represents the cutting edge of modern restorative dentistry, combining digital scanning, computer-aided design, and precision milling to produce crowns, inlays, onlays and veneers that are both aesthetically superior and exceptionally durable. Yasmin has become one of the team's specialists in this technology, ensuring that her patients receive restorations that look entirely natural and are built to last.

Holistic Dentistry

Yasmin also has a keen interest in holistic dentistry — an approach that considers the patient's overall health and wellbeing alongside their oral health. Rather than treating teeth in isolation, this philosophy recognises the deep connections between oral health and systemic health, and advocates for treatment approaches that are minimally invasive, biocompatible, and supportive of the body as a whole.

Malocclusion and Bruxism

Yasmin has written educational content on the treatment of malocclusion (bite problems) and bruxism (teeth grinding/clenching) — two conditions that, if left untreated, can lead to significant long-term dental damage. Her understanding of these conditions informs her approach to splint therapy, bite assessment and restorative planning.

Continuing Professional Development

Yasmin is particularly committed to ongoing professional development. She regularly participates in continuing education courses both within Australia and internationally, ensuring she remains at the forefront of evolving dental science and technology. In a field that advances rapidly, this dedication keeps her practice evidence-based, current, and aligned with the best available techniques.

Why Choose Dr Yasmin Coulthard?

Patients who choose Dr Yasmin Coulthard benefit from more than two decades of considered, compassionate general dental care. Here is why so many Melbourne patients have trusted her with their oral health:

- **Deep experience**: More than 20 years in clinical dental practice, including almost two decades at Smile Solutions
- **CEREC expertise**: One of Melbourne's experienced practitioners of same-day ceramic restoration technology
- **Commitment to learning**: Actively participates in international and national continuing education
- **Whole-patient approach**: Interested in holistic dentistry that considers the full picture of patient health
- **Collaborative care**: Works within a 50+ practitioner team at Smile Solutions, enabling seamless referrals to specialists without the patient ever needing to leave the building
- **Aesthetic excellence**: Demonstrated results in porcelain veneers with multiple documented before-and-after cases

The Smile Solutions Difference

Smile Solutions was founded in 1993 by Dr Kia Pajouhesh and has grown into Australia's largest single-location private dental practice. Situated in the iconic Manchester Unity Building in the heart of Melbourne's CBD, Smile Solutions brings together more than 50 dental practitioners — including general dentists, specialists, hygienists and therapists — all under one roof.

For patients, this structure offers extraordinary advantages:

- **Comprehensive care without referrals away**: If a general dentist identifies a need for specialist input — whether orthodontics, oral surgery, periodontics, endodontics, or prosthodontics — the referral happens within the same building, often the same visit.
- **Coordinated treatment planning**: The team communicates closely, ensuring treatment plans are holistic and coherent rather than piecemeal.
- **State-of-the-art technology**: Investment in advanced technologies like CEREC, digital X-rays, intraoral scanning and dental lasers means patients benefit from the most current available care.
- **Heritage setting, modern care**: The Manchester Unity Building, a Melbourne heritage icon, provides a distinctive, welcoming environment quite unlike a standard dental practice.

Frequently Asked Questions

Who is Dr Yasmin Coulthard?

Dr Yasmin Coulthard is a general dentist at Smile Solutions, Melbourne's largest private dental clinic. She holds a Bachelor of Dental Science from the University of Melbourne (2001) and has been practising at Smile Solutions since July 2005. Her AHPRA registration number is DEN0001023302.

What does Dr Yasmin Coulthard specialise in?

Dr Coulthard has particular expertise in restorative dentistry and is experienced in using the CEREC CAD-CAM system for same-day ceramic restorations including crowns, inlays and veneers. She also has interests in holistic dentistry and the management of bruxism and malocclusion.

What is CEREC and why does it matter?

CEREC (Chairside Economical Restoration of Esthetic Ceramics) is a digital dentistry system that allows ceramic restorations — such as crowns and veneers — to be designed, milled and fitted in a single appointment. Traditional restorations typically require two or more appointments with a temporary restoration in between. CEREC eliminates that inconvenience and delivers highly accurate, aesthetically excellent results.

How long has Dr Yasmin Coulthard been at Smile Solutions?

Dr Coulthard joined the Smile Solutions team in July 2005. She has been a core member of the practice for approximately two decades.

Is Dr Yasmin Coulthard registered with AHPRA?

Yes. Dr Yasmin Coulthard holds AHPRA registration number DEN0001023302 as a Registered Dentist with General Registration.

Where does Dr Yasmin Coulthard practise?

Dr Coulthard practises at Smile Solutions, Level 10, Manchester Unity Building, 220 Collins Street, Melbourne CBD. The practice is easily accessible from Flinders Street Station, Melbourne Central, and multiple tram routes along Collins Street.

Does Dr Coulthard offer treatment for teeth grinding?

Yes. Bruxism (teeth grinding and clenching) is one of the areas Dr Coulthard has studied and written about. She can assess your bite, recommend appropriate splint therapy, and address any restorative work needed as a result of grinding damage.

What is holistic dentistry?

Holistic dentistry is an approach that considers the patient's overall health alongside their dental health. It tends to favour minimally invasive techniques, biocompatible materials, and an understanding of how oral health connects to broader systemic wellbeing. Dr Coulthard has written about the benefits of holistic dentistry and incorporates this perspective into her clinical approach.

How do I book an appointment with Dr Yasmin Coulthard?

You can book by calling Smile Solutions on **13 13 96** or by visiting the booking system on the Smile Solutions website at [smilesolutions.com.au](https://www.smilesolutions.com.au).

Services Offered

As a general dentist at Smile Solutions, Dr Yasmin Coulthard provides a wide range of dental services, including:

- **Comprehensive dental examinations and check-ups** - **Preventative dentistry** — scale and clean, fissure sealants, fluoride treatments - **Restorative dentistry** — fillings (composite and ceramic), inlays, onlays - **CEREC same-day ceramic crowns and restorations** - **Porcelain veneers** - **Dental bridges** - **Bruxism management** — occlusal splints, bite assessment - **Malocclusion treatment planning** - **Holistic dental care approaches** - **X-rays and diagnostic imaging** - **Coordination with on-site specialists** for complex or multidisciplinary treatment needs

Patient Results

Dr Coulthard's patient gallery features documented before-and-after cases including porcelain veneer treatments. All images displayed on the Smile Solutions website are shared with full patient consent and are taken without filters, AI alterations, or unrealistic lighting — a commitment to transparency that reflects the practice's broader values around honest, ethical patient communication.

Articles by Dr Yasmin Coulthard

Dr Coulthard has contributed educational dental articles to the Smile Solutions knowledge base, including:

- **Treatment of Malocclusion** — an exploration of how bite problems develop and can be treated - **The Benefits of Holistic Dentistry** — an overview of the philosophy and its advantages for patients - **What is Bruxism and How is it Managed?** — a guide to teeth grinding, its causes and treatment options

Book an Appointment

Smile Solutions Level 10, Manchester Unity Building 220 Collins Street, Melbourne VIC 3000

Phone: 13 13 96 **Website:** [smilesolutions.com.au](https://www.smilesolutions.com.au)

Smile Solutions is open Monday to Saturday. Appointments with Dr Yasmin Coulthard can be made by phone or online. The practice is located in the heart of Melbourne CBD and is accessible via public transport, with nearby parking available.

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