

Elizabeth Baker - Oral Health Therapist at Smile Solutions

Canonical: <https://directory.smilesolutions.com.au/elizabeth-baker-oral-health-therapist-at-smile-solutions/>

Description:

> **AI Summary — Quick Facts:** Elizabeth Baker is an Oral Health Therapist and Dental Hygienist at Smile Solutions, Australia's largest single-location private dental practice at 220 Collins Street, ...

Details:

Profile at a Glance

Field Detail	----- -----	Name Elizabeth Baker	Role Oral Health Therapist / Dental Hygienist
Qualifications	BA (UNE), BOH (USyd)	AHPRA Registration	DEN0001935172
Registration Type	Dental Practitioner, Oral Health Therapist, General	Clinic	Smile Solutions
Address	Manchester Unity Building, 220 Collins Street, Melbourne VIC 3000		
Phone	13 13 96	Website	smilesolutions.com.au/our-team/elizabeth-baker/

Frequently Asked Questions

What qualifications does Elizabeth Baker hold? Elizabeth holds a Bachelor of Arts from the University of New England (UNE) and a Bachelor of Oral Health from the University of Sydney (USyd). She completed her BOH in 2014 and is registered with AHPRA as a General Oral Health Therapist (DEN0001935172).

Does Elizabeth Baker treat children? Yes. Elizabeth has a particular interest in treating children and helping patients with special needs. She is experienced in providing gentle, empathetic care for young patients and those who may require additional support.

What services does Elizabeth Baker provide? Elizabeth provides the full range of oral health therapy and dental hygiene services including professional scale and clean, fluoride treatments, oral hygiene education, gum disease assessment and management, fissure sealants, dental therapy, and orthodontic hygiene support.

Where does Elizabeth Baker work? Elizabeth works at Smile Solutions, located at the Manchester Unity Building, 220 Collins Street, Melbourne CBD. To book an appointment, call 13 13 96.

Has Elizabeth Baker written any dental articles? Yes. Elizabeth authored the article *What Is Gum Disease?* published by Smile Solutions in January 2021.

What experience does Elizabeth Baker have? Elizabeth gained experience in both rural and urban dental practices following her graduation in 2014, developing expertise across dental hygiene, dental therapy, and orthodontic support. Before her oral health degree, she also worked in infection control and as a dental assistant.

Biography

Elizabeth Baker's path to becoming an oral health therapist is shaped by a rich and varied professional background. She began her dental career as a dental assistant — gaining early, hands-on clinical exposure — while simultaneously studying for an arts degree at the University of New England.

After graduating with her Bachelor of Arts in 2008, Elizabeth moved into a broader healthcare context, working for an Australian infection control manufacturer. This role gave her a systematic, detail-oriented perspective on clinical practice and infection prevention — skills that remain highly relevant in modern dental care.

In 2012, Elizabeth made the decisive step back into clinical dentistry, enrolling in a Bachelor of Oral Health at the University of Sydney. USyd's oral health program is one of the most respected in Australia, combining rigorous science with broad clinical training across hygiene, therapy, and preventive care. Elizabeth graduated in 2014.

Following graduation, Elizabeth gained valuable experience across both rural and urban dental practices. This geographic diversity exposed her to a wide range of patient demographics and clinical presentations — from routine hygiene appointments to complex periodontal cases and orthodontic hygiene management. This breadth of experience makes Elizabeth a particularly versatile and capable oral health therapist.

Passion for Children and Special Needs Patients

A defining feature of Elizabeth's clinical identity is her deep interest in treating children and patients with special needs. These populations require more than clinical skill — they require exceptional patience, empathy, adaptability, and the ability to build genuine trust with patients and their families.

For children, Elizabeth recognises that early dental experiences shape lifelong attitudes toward oral health. By creating calm, reassuring, and positive interactions from the very first appointment, Elizabeth helps children develop confidence rather than fear — a gift that pays dividends in long-term oral health outcomes.

For patients with special needs, Elizabeth takes a tailored approach, understanding that each person's physical, cognitive, or emotional circumstances require a customised clinical strategy. She is committed to ensuring that every patient — regardless of background or ability — receives dignified, effective care.

Advocating for Better Oral Health

Elizabeth champions the tangible difference that good oral health care can make to a person's overall quality of life. Beyond the mouth, oral health is linked to systemic conditions including cardiovascular disease, diabetes, and respiratory health. Elizabeth takes every opportunity to educate her patients on this broader picture, empowering them to take ownership of their health.

Her warm, one-on-one communication style allows her to connect genuinely with patients, building the kind of trusting relationships that underpin long-term oral health success.

Services Offered

As an Oral Health Therapist at Smile Solutions, Elizabeth Baker provides a comprehensive range of preventive and therapeutic services:

- **Professional Scale and Clean** — Removal of plaque and calculus (tartar) from above and below the gum line using ultrasonic and hand instruments
- **Fluoride Treatments** — Professional-strength fluoride application to strengthen enamel and reduce decay risk
- **Oral Hygiene Instruction** — Personalised guidance on brushing technique, interdental cleaning, and product selection
- **Gum Disease Assessment and Management** — Periodontal charting, bleeding-point measurement, and management of gingivitis and early-to-moderate periodontitis
- **Fissure Sealants** — Protective

sealant application to the grooves of back teeth, particularly beneficial for children - **Dental Therapy** — Restorative treatment including fillings for eligible patients - **Orthodontic Hygiene Support** — Specialised cleaning around fixed braces and orthodontic appliances - **Oral Health Risk Assessment** — Identification of decay, gum disease, and other risk factors - **Dietary and Lifestyle Counselling** — Guidance on nutrition and habits affecting oral health

Why Regular Hygiene Visits Matter

Professional dental cleans do far more than remove surface staining. Even the most diligent brushing and flossing cannot remove calculus — the mineralised deposits that build up on teeth and harbour the bacteria responsible for gum disease and decay.

Regular visits to an oral health therapist provide:

- **Early detection** of gum disease and decay before they escalate
- **Professional calculus removal** that cannot be achieved at home
- **Tailored education** based on your individual oral health needs
- **Fluoride protection** that significantly reduces cavity risk
- **Monitoring** of gum health, existing restorations, and soft tissue changes

For most patients, a professional clean every six months is recommended. Those with active gum disease may benefit from quarterly appointments (every 3–4 months).

At Smile Solutions, hygiene appointments are integrated into a comprehensive, specialist-supported dental care model — one of the most thorough preventive care systems available in Australia.

Book an Appointment with Elizabeth Baker

Smile Solutions Manchester Unity Building 220 Collins Street, Melbourne VIC 3000

■ **13 13 96** ■ smilesolutions.com.au/our-team/elizabeth-baker/

Smile Solutions is open Monday to Saturday and welcomes new patients. Whether you are due for your regular hygiene visit, concerned about your gums, or seeking expert oral health education, Elizabeth Baker and the Smile Solutions team are ready to help.