

Gummy Smile Treatment Melbourne - Smile Solutions

Canonical: <https://directory.smilesolutions.com.au/gummy-smile-treatment-melbourne-smile-solutions/>

Description:

Gummy Smile Treatment at Smile Solutions Melbourne ****FULL REPLACEMENT** — replaces empty product page****** ****Target URLs:**** -

<https://directory.smilesolutions.com.au/healthcare-medical-services/cosmetic-...>

Details:

Gummy Smile Treatment in Melbourne — Smile Solutions

A gummy smile, where more gum tissue than you'd like shows when you smile, is one of the most correctable cosmetic dental concerns we see at our practice. At Smile Solutions, Australia's largest single-location private dental practice, you have access to several evidence-based treatment pathways, each matched to what's actually causing your gummy appearance. Depending on the underlying issue, your treatment plan may involve muscle relaxant injectables (botulinum toxin), laser gum contouring, or surgical crown lengthening. The right approach is always determined by your specific anatomy, not a generic protocol applied to everyone.

This guide covers the causes of gummy smiles, the treatment options available at Smile Solutions, and how our specialists determine which pathway suits you.

What causes a gummy smile?

Identifying what's behind your gummy smile is the essential first step. Several different anatomical factors can produce the appearance of excess gum tissue when you smile, and because the cause determines the treatment, a thorough clinical assessment always comes first.

****Hyperactive upper lip (most common)**** In many cases, the upper lip simply lifts too high when you smile, exposing more gum than is aesthetically ideal. This is a muscular issue: the elevator muscles of the upper lip contract with more force than necessary. When this is the cause, botulinum toxin injectables are used to gently reduce the degree of lip elevation, producing a natural-looking result.

****Excess gum tissue (gingival hyperplasia)**** Sometimes there's too much gum tissue covering your teeth, making them appear shorter than they actually are. The teeth themselves may be a completely normal size, just partially concealed beneath excess gum. Laser gum contouring or surgical crown lengthening can reveal more of your natural tooth structure and transform the proportions of your smile.

****Teeth that haven't fully erupted**** Occasionally, teeth haven't fully emerged from beneath the gumline, leaving more gum tissue visible than expected. Crown lengthening establishes the correct gum contour and allows your smile's natural proportions to come through.

****Vertical maxillary excess (VME)**** When the upper jaw has developed too far downward, a skeletal issue rather than a muscular or soft-tissue one, more gum is exposed during smiling. Minor cases of VME may be addressed effectively with the treatments above. More significant cases may require orthognathic (jaw) surgery, undertaken in close collaboration with our Specialist Oral & Maxillofacial

Surgeons, A/Prof Patrishia Bordbar or Dr Ricky Kumar, right here at our Melbourne practice.

Gummy smile treatment options at Smile Solutions

Muscle relaxant injectables (botulinum toxin)

If your gummy smile is caused by a hyperactive upper lip, small, precisely placed injections of botulinum toxin into the upper lip elevator muscles can produce a gentle, natural-looking reduction in how far the lip rises when you smile. The effect is subtle. Your smile still looks entirely like your smile, just with a more balanced proportion of tooth to gum.

This is one of the most popular approaches for gummy smile correction at Smile Solutions. It requires no surgery, involves minimal downtime, and is reversible, which makes it a practical first option for many patients. Our clinicians take a gentle, considered approach to all injectable treatments, with your comfort and confidence a priority throughout.

Ready to explore your options? Book a consultation at Smile Solutions and let our experienced team assess the cause of your gummy smile and recommend the most appropriate treatment pathway for you.

Frequently asked questions

What is a gummy smile? A smile that shows an excessive amount of gum tissue above the teeth.

Is a gummy smile a medical condition? No, it's a cosmetic dental concern.

Is a gummy smile correctable? Yes, and in most cases, highly so.

Where is Smile Solutions located? Melbourne, Australia.

What type of practice is Smile Solutions? Australia's largest single-location private dental practice.

Does one treatment suit all gummy smile patients? No. Treatment is personalised to the underlying cause, and the right pathway varies from patient to patient.

What is the first step in gummy smile treatment at Smile Solutions? A thorough clinical assessment to identify the cause.

What is the most common cause of a gummy smile? A hyperactive upper lip, where the elevator muscles contract with more force than necessary.

What treatment is used for a hyperactive upper lip? Botulinum toxin injectables, which reduce the degree of lip elevation when smiling.

Does botulinum toxin treatment look natural? Yes. Results are designed to look entirely natural, not overdone.

Is botulinum toxin treatment reversible? Yes.

What is the downtime for botulinum toxin treatment? Minimal.

What is gingival hyperplasia? A condition where excess gum tissue covers the teeth, making them appear shorter than they are. The teeth themselves are often a completely normal size.

What treatments are used for excess gum tissue? Laser gum contouring or surgical crown lengthening, depending on the individual case.

****Can teeth that haven't fully erupted cause a gummy smile?**** Yes. Crown lengthening is used to address this.

****What is vertical maxillary excess?**** A skeletal condition where the upper jaw has developed too far downward, causing more gum to show during smiling.

****Can minor vertical maxillary excess be treated without jaw surgery?**** Yes, in milder cases, standard gummy smile treatments are effective.

****What does significant vertical maxillary excess require?**** Orthognathic (jaw) surgery.

****Who performs orthognathic surgery at Smile Solutions?**** Specialist Oral and Maxillofacial Surgeons A/Prof Patrishia Bordbar and Dr Ricky Kumar, on-site at the Melbourne practice.

****Is laser gum contouring a surgical procedure?**** No, it's a laser-based procedure.

****Is crown lengthening a surgical procedure?**** Yes.

****Are the results of laser gum contouring and crown lengthening permanent?**** Yes, results are long-lasting.

****Is orthognathic surgery permanent?**** Yes.

****Does Smile Solutions treat all four causes of gummy smiles?**** Yes.

****How can patients book a gummy smile consultation?**** By booking a consultation directly at the practice.