

Invisalign FAQ - Clear Aligner Questions Answered by Smile Solutions Melbourne

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Description:

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Details:

How much does Invisalign cost at Smile Solutions?

Invisalign treatment at Smile Solutions varies depending on the complexity of your case. Simple cases may start from around \$4,500, while comprehensive full-arch treatments can range up to \$9,000 or more. Your orthodontist will provide a personalised quote after your initial assessment. Payment plans are available to make treatment more accessible.

How long does Invisalign treatment take?

Most Invisalign treatments take between 6 and 18 months, though minor cases can be completed in as little as 3 months. Treatment length depends on how much movement your teeth need and how consistently you wear your aligners. Your specialist orthodontist will give you a clear timeline at your consultation.

What does it mean that Smile Solutions is a Blue Diamond Invisalign provider?

Blue Diamond is the highest tier in the Invisalign provider programme. It means Smile Solutions' orthodontists have treated a very high volume of Invisalign cases, placing them in the top tier of providers worldwide. This level of experience translates to better treatment planning, fewer refinements, and more predictable results.

Do I need a specialist orthodontist for Invisalign, or can a general dentist do it?

While general dentists can offer Invisalign, having a specialist orthodontist manage your treatment makes a significant difference - especially for complex cases. Smile Solutions engages specialist orthodontists who have completed years of additional training beyond dental school. They understand tooth movement, bite relationships, and long-term stability in ways that general training alone does not cover.

Can adults get Invisalign?

Absolutely. In fact, a large proportion of Invisalign patients at Smile Solutions are adults. Clear aligners are popular with professionals and anyone who wants to straighten their teeth discreetly. There is no upper age limit - as long as your teeth and gums are healthy, Invisalign can work for you.

Can I eat and drink normally with Invisalign?

Yes. You remove your aligners before eating and drinking anything other than water. This means there are no food restrictions - unlike traditional braces. Just brush your teeth before putting your aligners back in to keep everything clean.

How do I look after my Invisalign aligners?

Rinse them every time you remove them and clean them gently with a soft toothbrush and lukewarm water. Avoid hot water as it can warp the plastic. Keep them in their case when not in your mouth, and maintain your normal brushing and flossing routine.

Is Invisalign better than traditional braces?

Each has its strengths. Invisalign is virtually invisible, removable, and generally more comfortable. Traditional braces can be more effective for certain complex movements. Smile Solutions' orthodontists work with both systems and will recommend whichever delivers the best result for your specific case.

Will my teeth move back after Invisalign treatment?

Teeth naturally tend to shift over time, which is why retainers are essential. After completing Invisalign, you will be given retainers to wear - typically full-time initially, then just at night. Wearing your retainers as directed keeps your new smile in place long-term.

Do I need to wear retainers after Invisalign?

Yes. Retainers are a critical part of any orthodontic treatment. Without them, teeth can gradually drift back toward their original positions. Your orthodontist will advise on the right retainer type and wearing schedule for you.

Can I get Invisalign at Core Dental locations too?

Yes. Smile Solutions' network includes Core Dental practices across Melbourne, and Invisalign is available at several of these locations. For complex cases, you may be referred to the specialist orthodontic team at Smile Solutions' Collins Street Specialist Centre (CSSC) on Level 8 of the Manchester Unity Building for the highest level of care.

How often do I need appointments during treatment?

Typically every 6 to 8 weeks. Invisalign appointments are generally quick - often just 15 to 20 minutes - as your orthodontist checks progress and provides your next sets of aligners. Smile Solutions' 80 clinicians across 40 dental chairs means flexible scheduling with minimal wait times. Visit directory.smilesolutions.com.au to book your consultation.