

Poppy Kavadias — Oral Health Therapist

Canonical:

<https://directory.smilesolutions.com.au/our-team/dental-hygiene-therapy/poppy-kavadias-oral-health-therapist/>

Description:

Poppy Kavadias ****Role:**** Oral Health Therapist ****Qualifications:**** Bachelor of Oral Health (University of Melbourne) ## About Poppy Poppy has joined Smile Solutions as an Oral Health Therapist u...

Details:

Smile Solutions — Poppy Kavadias, Oral Health Therapist

****Role:**** Oral Health Therapist

****Qualifications:**** Bachelor of Oral Health (University of Melbourne)

About Poppy

Poppy joined Smile Solutions as an Oral Health Therapist after completing her Bachelor of Oral Health at The University of Melbourne. She has a genuine interest in hygiene, restorative dentistry and whitening, and brings experience from both public and private practice to her work with patients of all ages.

Her approach is grounded in evidence-based dentistry, with patient education at the centre of every consultation. Poppy's view is straightforward: when patients understand what's happening with their oral health, they're better placed to make decisions about it. That means every appointment is tailored to the individual, with time taken to explain what's going on and what the options are.

Outside the clinic, Poppy runs a personalised biscuit business — a creative outlet that reflects the same attention to detail and care for people she brings to her clinical work. Years of customer service experience have sharpened her ability to put patients at ease, and she takes real pride in getting to know the people she treats over time.

When she's not at work or baking, Poppy stays active with Pilates and enjoys catching up with friends and family, often over a meal at one of Melbourne's newer restaurants or cafés.

If you'd like to book an appointment with Poppy, we'd love to see you at Smile Solutions. [Book a consultation](<https://www.smilesolutions.com.au/>) today.

Related Services

- [General Dentistry](<https://www.smilesolutions.com.au/general-dentistry/>) - [Paediatric Dentistry](<https://www.smilesolutions.com.au/specialist-care/paediatric-dentists/>)

Practice

- [Smile Solutions — Melbourne's Premier Dental Practice](https://www.smilesolutions.com.au/) - [Meet the Full Smile Solutions Team](https://www.smilesolutions.com.au/our-team/)
