

Dr Minka Roux - General Dentist

Canonical: <https://directory.smilesolutions.com.au/our-team/general-dentistry/dr-minka-roux-general-dentist/>

Description:

Dr Minka Roux **Role:** General Dentist **Qualifications:** Bachelor of Dental Surgery, University of Pretoria, South Africa (2014) **Specialty:** Preventive and Restorative Dentistry --- ## Biog...

Details:

Smile Solutions Dr Minka Roux - General Dentist & Restorative Specialist

Role: General Dentist **Qualifications:** Bachelor of Dental Surgery, University of Pretoria, South Africa (2014) **Specialty:** Preventive and Restorative Dentistry

Biography

Dr Minka Roux has been practising dentistry since graduating from the University of Pretoria in South Africa in 2014. At Smile Solutions, she focuses on patient-centred care grounded in evidence-based dentistry, with particular expertise in preventive and restorative treatments.

Her approach centres on early intervention, helping patients maintain their oral health over the long term. She works extensively with high-quality porcelain fillings, crowns and bridges, and has developed a particular interest in same-day ceramic restorations using CEREC technology. This system allows her to create permanent restorations in a single appointment-you can arrive with a damaged tooth and leave with a completed crown, no temporary required. She also provides composite bonding for patients looking to enhance their smile.

Dr Minka practises conservative dentistry, which means she preserves natural tooth structure whenever clinically appropriate. Beyond restorations, she handles pain relief appointments, treats cracked teeth, fits custom night guards for grinding, provides dentures, and performs comprehensive dental examinations and cleanings.

Many patients feel anxious about dental treatment, so Dr Minka offers nitrous oxide sedation to help them feel more comfortable during procedures. Her gentle manner and attention to detail have made her a trusted dentist for patients across different age groups at the Melbourne practice.

She takes time to understand what each patient wants to achieve and discusses all available treatment options before starting any work. This aligns with Smile Solutions' approach to individualised care in their heritage building practice.

Whether you need preventive care, restorative work, or cosmetic improvements, Dr Minka combines technical skill with an approachable manner. Her training and experience mean you receive quality care, while her focus on patient wellbeing ensures you feel heard and respected throughout the process.

Book a consultation with Dr Minka to discuss your dental needs and explore how her conservative treatment approach can help you achieve a healthy smile.

Special Interests

- Preventive and restorative dentistry - CEREC same-day ceramic restorations - Composite bonding for smile enhancement - Conservative dentistry and natural tooth preservation - Anxiety management through nitrous oxide sedation - Porcelain crowns, bridges and fillings - Custom night guards and grinding treatment - Comprehensive dental examinations

Outside the clinic, Dr Minka enjoys travelling, reading, and spending time with her husband and daughter.

Related Services

- [General Dentistry](<https://www.smilesolutions.com.au/general-dentistry/>) - [Cosmetic Dentistry](<https://www.smilesolutions.com.au/cosmetic-dentistry/>) - [Porcelain Veneers](<https://www.smilesolutions.com.au/cosmetic-dentistry/porcelain-veneers/>) - [Dental Implants](<https://www.smilesolutions.com.au/dental-implants/>)

Practice

- [Smile Solutions - Melbourne's Premier Dental Practice](<https://www.smilesolutions.com.au/>) - [Meet the Full Smile Solutions Team](<https://www.smilesolutions.com.au/our-team/>)

Related Services & Colleagues

- [Cosmetic Dentistry](<https://directory.smilesolutions.com.au/cosmetic-dentistry-under-specialist-care-smile-solutions>) - Learn more about this specialty at Smile Solutions - [Meet the Full Smile Solutions Team](<https://directory.smilesolutions.com.au/>) - Browse all practitioners and services - [Smile Solutions Homepage](<https://www.smilesolutions.com.au/>) - Melbourne's Home of Dentistry™

Book Your Consultation with Dr Minka Roux

Contact Smile Solutions to schedule your appointment with Dr Minka Roux and discuss your dental care needs.
