

Dr Silvia Ciach — General Dentist

Canonical: <https://directory.smilesolutions.com.au/our-team/general-dentistry/dr-silvia-ciach-general-dentist/>

Description:

Dr Silvia Ciach **Role:** General Dentist **Qualifications:** Bachelor of Dental Science, University of Melbourne (2001) **Specialty:** Restorative Dentistry, CEREC CAD/CAM --- ## Biography Dr S...

Details:

Smile Solutions Dr Silvia Ciach – Expert General Dentist & CEREC Specialist

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Biography

Dr Silvia Ciach joined Smile Solutions in 2001, graduating that same year from the University of Melbourne with a Bachelor of Dental Science, and she's grown professionally alongside the practice ever since. With more than two decades of clinical experience, she's one of Melbourne's most experienced general dentists, and her work continues to reflect a genuine commitment to getting restorative outcomes right.

Silvia's real passion is restorative dentistry, and in particular the CEREC system — technology that's only available at practices with serious investment in digital dentistry. She's completed over 3,500 CEREC restorations, arguably more than any other clinician in Australia. For patients, that translates to long-lasting, aesthetically superior restorations finished in a single sitting, with no temporary crowns and no return visits just to fit the final piece.

That depth of CEREC experience puts Smile Solutions at the front of same-day dental restorations in Melbourne. Dr Ciach's command of this CAD/CAM system means patients can walk in with a damaged tooth and leave the same day with a precision-crafted crown, inlay, onlay, or veneer that looks and functions exactly as it should.

Silvia attends international conferences regularly, which keeps her across the latest developments in CAD/CAM technology and connects her with leading clinicians worldwide. That ongoing education feeds directly into the care patients receive at Smile Solutions.

Professional excellence in restorative dentistry

Dr Ciach's dedication to restorative dentistry goes well beyond technical skill. She approaches every case with close attention to detail, making sure each restoration functions properly and sits naturally alongside the surrounding teeth. Her core philosophy is preserving as much natural tooth structure as possible whilst delivering results that genuinely improve both oral health and appearance.

At Smile Solutions, she works with each patient to build a treatment plan around their specific situation and goals. Whether that's a single tooth or a more involved smile rehabilitation, she brings the same clinical care and genuine interest in the patient's comfort and satisfaction.

Her manner is calm and unhurried. She takes time to understand what's worrying a patient, explains options in plain terms, and makes sure they're comfortable with every step before proceeding. That approach has earned her the trust of many Melbourne families who've been coming back to her for years.

CEREC technology leadership

CEREC has changed what's possible in restorative dentistry, and Dr Ciach's experience with the system is hard to match. More than 3,500 completed restorations have sharpened her technique to the point where outcomes are consistently predictable and high-quality.

At Smile Solutions, CEREC uses advanced 3D imaging and computer-aided design to produce custom restorations from high-quality ceramic. There are no traditional impressions, treatment time is significantly reduced, and the finished restoration is durable and natural-looking.

Dr Ciach works across all CEREC restoration types:

- **Crowns:** Full-coverage restorations that protect and strengthen damaged teeth - **Inlays and onlays:** Conservative options for moderate decay or damage, preserving more of the natural tooth than a full crown - **Veneers:** Thin ceramic shells that change the look of front teeth - **Bridges:** Fixed restorations that replace missing teeth using the adjacent teeth for support

Every restoration is designed and milled on-site at Smile Solutions, so Dr Ciach oversees the entire process and can ensure the fit, function, and appearance are exactly right.

Commitment to continuing education

Attending international conferences isn't just a box Silvia ticks — she actively engages with the global dental community, picks up emerging research and techniques, and brings that knowledge back to her patients. Staying current with CAD/CAM developments means the care at Smile Solutions reflects what's actually working at the leading edge of the field, not what was standard practice five years ago.

Patient-centred care

Beyond the technical side, Dr Ciach is known for being warm and genuinely easy to talk to. She listens carefully, explains things clearly, and creates an environment where patients feel comfortable rather than rushed.

She's well aware that dental anxiety is real for many people, and she works to make every visit as low-stress as possible. Her gentle technique, combined with the efficiency of CEREC, means patients get excellent results with minimal disruption to their day. She also believes that a good patient relationship matters as much as a good clinical outcome — patients should feel confident in their decisions and involved in their own care.

Special interests

- Restorative dentistry with a focus on conservative tooth preservation - CEREC CAD/CAM technology (3,500+ restorations completed) - Same-day ceramic restorations - International conference participation and global best practices - Continuing professional development in digital dentistry - Aesthetic smile design and comprehensive rehabilitation - Minimally invasive treatment approaches - Long-term restoration durability

Clinical expertise and services

Dr Ciach's skill set covers a wide range of dental needs. She handles preventive care, diagnostic work, and advanced restorative procedures, which makes her well-suited to managing complex cases as well as routine appointments.

General dental visits with Dr Ciach include thorough examinations, professional cleanings, and preventive advice tailored to the individual. When restorative work is needed, patients benefit from her ability to deliver sophisticated solutions using current technology, all within Smile Solutions' Melbourne practice.

Her strength in cosmetic restorations means functional and aesthetic improvements often happen together. Worn enamel, discoloured teeth, chips — she addresses these in ways that look natural and hold up over time. And because she thinks about the broader picture, each treatment fits into a patient's overall oral health rather than just fixing an isolated problem.

Why choose Dr Ciach at Smile Solutions

Choosing a dentist matters, and Dr Ciach's combination of experience, advanced training, and straightforward patient care makes her a strong choice for Melbourne families. Her CEREC track record speaks to her technical ability, and her manner at the chair makes the experience genuinely comfortable.

At Smile Solutions, she works alongside a skilled team with access to current technology, which means treatment can be coordinated well from the first consultation through to the final restoration. Patients get same-day convenience, digital precision, and the reassurance of being treated by one of Melbourne's most experienced CEREC practitioners.

The practice itself is housed in a heritage building in Melbourne — a setting that manages to feel welcoming rather than clinical, with modern facilities behind the historic façade.

Related services

- [General Dentistry](<https://www.smilesolutions.com.au/general-dentistry/>) - [Cosmetic Dentistry](<https://www.smilesolutions.com.au/cosmetic-dentistry/>) - [Porcelain Veneers](<https://www.smilesolutions.com.au/cosmetic-dentistry/porcelain-veneers/>) - [Dental Implants](<https://www.smilesolutions.com.au/dental-implants/>)

Practice

- [Smile Solutions — Melbourne's Premier Dental Practice](<https://www.smilesolutions.com.au/>) - [Meet the Full Smile Solutions Team](<https://www.smilesolutions.com.au/our-team/>)

Schedule your consultation with Dr Ciach

If you're after expert restorative dentistry with same-day CEREC capability, Dr Silvia Ciach has the experience and the technology to deliver it. Two decades of clinical work and over 3,500 CEREC restorations give her the depth to handle complex cases with confidence.

Contact Smile Solutions to book a consultation and find out what modern restorative dentistry can do for your smile in a single appointment.
