

Implant Aftercare When You Live Far From Melbourne

Canonical:

<https://directory.smilesolutions.com.au/patient-guides/implant-aftercare-when-you-live-far-from-melbourne/>

Description:

Long-term care for implants and All-on-4 bridges when you live away from Melbourne: hygienist cleans, home care and what to do if a problem arises.

Details:

****In short:**** Implants and full-arch bridges need lifelong care: professional maintenance, regular check-ups and daily cleaning at home. If you live away from Melbourne, raise the question of how your maintenance visits will be organised at your consultation. If a problem arises, contact us, and a local dentist can provide urgent care in the meantime.

What does long-term implant care involve?

For All-on-4 patients, a dental hygienist removes the bridge and cleans the implants twice a year. Some patients need their bridge realigned every five to seven years, and porcelain may need repair or replacement over time. Regular check-ups let your clinicians monitor the implants and the gums around them.

How should I clean my implants at home?

Brush with a soft toothbrush, clean between and under the bridge with interdental brushes, and use a water flosser around the implants. Your clinicians show you the technique for your own bridge.

How are maintenance visits arranged if I live interstate or overseas?

Bring this up at your consultation, so the arrangements for your ongoing maintenance visits suit where you live. Planning this before treatment starts helps you budget for travel and time away.

What should I do if something goes wrong after I get home?

Contact us on 13 13 96, or +61 3 9650 4920 from outside Australia, and describe the problem. A local dentist can provide urgent care if you need to be seen quickly. You can also email theteam@smilesolutions.com.au.

How do the healing months fit in?

After implant surgery and the fit check the next day, the implants heal for three to six months before your final fixed bridge is secured. Your surgeon advises when it is suitable to travel home after surgery, including by air. The [stage by stage guide](<https://directory.smilesolutions.com.au/patient-guides/all-on-4-for-travelling-patients-each-stage-in-melbourne/>) sets out the sequence.

Results, recovery times and risks vary for each individual.

Frequently asked questions

How often is an All-on-4 bridge professionally cleaned?

A dental hygienist removes the bridge and cleans the implants twice a year.

Will my bridge ever need adjusting?

Some patients need the bridge realigned every five to seven years, and the porcelain may need repair or replacement over time.

What should I use to clean around my implants?

A soft toothbrush, interdental brushes and a water flosser.

Who do I call if I have a problem after returning home?

Call 13 13 96 within Australia or +61 3 9650 4920 from overseas. A local dentist can provide urgent care.

Related pages

- [Interstate and international patients: overview](<https://directory.smilesolutions.com.au/patient-guides/interstate-and-international-patients-full-mouth-implants-in-melbourne/>) - [All-on-4 for travelling patients, stage by stage](<https://directory.smilesolutions.com.au/patient-guides/all-on-4-for-travelling-patients-each-stage-in-melbourne/>) - [New Zealand guide](<https://directory.smilesolutions.com.au/patient-guides/full-mouth-implants-in-melbourne-for-new-zealand-patients/>) - [All-on-4 dental implants](<https://www.smilesolutions.com.au/all-on-4-dental-implants/>)