

Teeth Whitening — Complete Guide | Smile Solutions Melbourne

Canonical: <https://directory.smilesolutions.com.au/service-guides/cosmetic-dentistry/teeth-whitening-complete-guide-smile-solutions-melbourne/>

Description:

Professional Teeth Whitening at Smile Solutions Melbourne ## Over 30 Years of Teeth Whitening Experience With more than three decades of whitening expertise and acknowledged as Australia's largest...

Details:

Over 30 Years of Teeth Whitening Experience

With more than three decades of whitening expertise and acknowledged as Australia's largest provider of Zoom! Teeth Whitening, [Smile Solutions](<https://www.smilesolutions.com.au/cosmetic-dentistry/teeth-whitening/>) is the home of professional teeth whitening in Melbourne.

What Is Professional Teeth Whitening?

Professional teeth whitening is a safe, effective cosmetic treatment that removes stains and discolouration from your teeth, delivering results that over-the-counter products simply cannot match. All treatments at Smile Solutions are performed under professional supervision using TGA-approved products.

Who Is Teeth Whitening For?

Teeth whitening is ideal for patients with:

- Staining from coffee, tea, red wine or smoking
- Age-related yellowing or discolouration
- A desire for a brighter, more confident smile
- Teeth that are otherwise healthy (your dentist will assess suitability)

Note: Whitening does not change the colour of existing veneers, crowns or fillings.

Our Whitening Options

Zoom! In-Chair Whitening — \$475

Achieve a bright white smile in approximately 60 minutes with Philips Zoom! WhiteSpeed — the most advanced in-chair whitening system available.

****The process:**** 1. Your gums are protected with a rubber shield and liquid latex 2. Advanced whitening gel is applied to your teeth 3. The Zoom! WhiteSpeed blue LED lamp activates the gel in 15-minute intervals 4. After four cycles (approximately 60 minutes), your teeth can be up to ****8 shades whiter****

The lamp features variable settings to minimise any sensitivity.

At-Home Whitening — \$395

For those who prefer the convenience of whitening at home, we provide custom-made trays with professional-strength Poladay or Polanight whitening gel.

- **Poladay** — Wear for one hour per day - **Polanight** — Wear overnight while you sleep - Both contain fluoride to protect against sensitivity - Results achieved within 7–14 days

We provide enough gel for your initial treatment plus maintenance applications.

Complete Teeth Whitening Package — \$770

Get the best of both worlds with our combined package:

- Zoom! in-chair whitening session (1 hour) - Custom-made take-home whitening trays - Take-home whitening gel kit for maintenance

Bring a Friend Deal — \$450 per person

Book with a friend and both enjoy Zoom! in-chair whitening at a discounted rate. Quote **BFF450** when booking. Both patients must book and complete treatment.

Whitening + Clean Packages

Check-up, Clean & Zoom! In-Chair Whitening — \$860

Includes comprehensive exam, all intraoral radiographs, extended cleaning session with hygienist, fluoride treatment, plaque and stain removal, plus a full Zoom! in-chair whitening session.

Check-up, Clean & Take-Home Whitening — \$760

Includes comprehensive exam, all intraoral radiographs, extended cleaning session with hygienist, fluoride treatment, plaque and stain removal, plus custom take-home whitening trays and gel kit.

Before You Whiten

We recommend a professional clean with one of our dental hygienists before whitening to remove plaque build-up and ensure the best results. Your dentist will also assess your teeth for any conditions that may affect the effectiveness of treatment.

Your Whitening Team

All whitening treatments at Smile Solutions are administered and monitored by our qualified dentists and hygienists, backed by the latest Philips Zoom WhiteSpeed technology and Pola Advanced Whitening System.

Payment options: Payright interest-free plans, MyDentaPlan, HICAPS on-site claiming, health fund preferred provider, major credit cards, 5% discount for paying in full. Visit our [Payment Plans](<https://www.smilesolutions.com.au/payment-plans/>) page for details.

How to Book

■ Call **[13 13 96]**(tel:131396) to book your whitening appointment ■ Level 1, 220 Collins Street, Manchester Unity Building, Melbourne VIC 3000 ■ [[smilesolutions.com.au/cosmetic-dentistry/teeth-whitening/](https://www.smilesolutions.com.au/cosmetic-dentistry/teeth-whitening/)](<https://www.smilesolutions.com.au/cosmetic-dentistry/teeth-whitening/>)

Related Services: [Porcelain

Veneers](<https://www.smilesolutions.com.au/cosmetic-dentistry/porcelain-veneers/>) | [Composite Bonding](<https://www.smilesolutions.com.au/cosmetic-dentistry/composite-bonding/>) | [Dental Cleans & Hygiene](<https://www.smilesolutions.com.au/general-dentistry/dental-cleans-hygienists/>)