

General Dentistry Check-ups — Complete Guide | Smile Solutions Melbourne

Canonical: <https://directory.smilesolutions.com.au/service-guides/general-dentistry/general-dentistry-check-ups-complete-guide-smile-solutions-melbourne/>

Description:

General Dentistry & Check-ups at Smile Solutions Melbourne ## Comprehensive Dental Care Under One Roof At [Smile Solutions](<https://www.smilesolutions.com.au/general-dentistry/>), we understand the...

Details:

Smile Solutions General Dentistry & Check-ups in Melbourne

Comprehensive dental care under one roof

At [Smile Solutions](<https://www.smilesolutions.com.au/general-dentistry/>), regular dental check-ups are the foundation of everything we do. As Melbourne's largest single-location private dental practice, our team of 40+ general dentists, 20+ registered specialists and 20+ dental hygienists and therapists work together in one building, which means your care is coordinated, consistent and never fragmented across multiple practices.

What does a general dental check-up include?

A check-up at Smile Solutions covers a lot more ground than a quick look and a polish. Here's what a standard appointment involves:

- **Visual examination** — Your dentist examines your teeth, gums and mouth for signs of decay, gum disease, wear and other conditions, and explains what they find in plain language.
- **Digital radiographs** — Low-radiation digital X-rays pick up problems that aren't visible to the eye: decay between teeth, bone loss, impacted teeth.
- **Decay detection** — We use the KaVo DIAGNOcam (fibre-optic transillumination) and DIAGNOdent (laser fluorescence) to catch decay early, before it progresses to something more involved.
- **Oral cancer screening** — A thorough check of the soft tissues of your mouth, tongue and throat. Early detection matters.
- **Treatment planning** — If anything needs attention, your dentist walks you through the options, timeline and costs clearly and without pressure.
- **Professional clean** — Our hygienists remove plaque, calculus and staining using AirFlow Prophylaxis Master technology and KaVo Prophyflex, which makes for a noticeably more comfortable clean than older methods.

Who should have regular check-ups?

Everyone, honestly. The Australian Dental Association recommends visiting every six months, though your dentist may adjust that based on your situation. Check-ups are especially worth prioritising if you have a history of gum disease, if you smoke, or if you're at higher risk of oral health problems for any reason.

Children should start coming from age one, or when their first tooth appears. Getting them comfortable with the dentist early makes a real difference later.

Your oral health connects directly to your general health, and catching small problems before they become big ones is almost always cheaper, faster and less uncomfortable.

What to expect at your visit

1. **Arrival** — Check in at our practice in Melbourne's Manchester Unity Building. The suites have natural daylight and city views, which helps. 2. **Examination** — A thorough assessment using our technology, including intraoral cameras in every suite so you can see exactly what your dentist sees. 3. **Hygiene clean** — A professional clean with our hygienists using AirFlow and KaVo Prophyflex. 4. **Discussion** — Your dentist goes through their findings, answers your questions and outlines a treatment plan if one is needed. No surprises, no pressure. 5. **Next steps** — Book your next visit or any follow-up before you leave.

The Smile Solutions difference

Smile Solutions has been operating since 1993, founded by **Dr Kia Pajouhesh** (<https://www.smilesolutions.com.au/our-team/>), and has treated over 300,000+ patients across more than 30 years. A few things that are genuinely worth knowing:

- **Everything in one place** — If your dentist spots something that needs specialist attention, they refer you directly to an on-site specialist. No external referrals, no delays, no repeating your history to someone new.
- **Technology that's actually used** — Digital X-rays, intraoral cameras, advanced decay detection devices and 3D scanners are standard across the practice, not optional extras.
- **Comfortable suites** — Television screens, surround sound, scented candles and natural daylight in every suite. It's a dental practice, but it doesn't have to feel like one.
- **Bupa Platinum Provider** — Independently recognised for quality of care.
- **CBD location with real hours** — Open Monday to Saturday with extended weekday hours, so you're not forced to take half a day off work for a check-up.

Our general dentists are committed to ongoing education, and peer review and collaborative case analysis are built into how we approach treatment planning.

Pricing

Check-up and cleaning fees vary depending on what your appointment involves. Health fund rebates may apply, and we're happy to help you work out your entitlements. Bulk billing is available under Medicare's [Child Dental Benefit Schedule] (<https://www.smilesolutions.com.au/childrens-dentistry/child-dental-benefit-schedule/>) for eligible children.

How to book

■ Call **[13 13 96]** (tel:131396) ■ Level 1, 220 Collins Street, Manchester Unity Building, Melbourne VIC 3000 ■ Monday–Friday 8am–6pm | Saturday 8:30am–1:30pm | Sunday by appointment ■ [[smilesolutions.com.au/general-dentistry/](https://www.smilesolutions.com.au/general-dentistry/)] (<https://www.smilesolutions.com.au/general-dentistry/>)

Related services: [Dental Cleans & Hygiene] (<https://www.smilesolutions.com.au/general-dentistry/dental-cleans-hygienists/>) | [Tooth Fillings] (<https://www.smilesolutions.com.au/general-dentistry/tooth-fillings/>) | [CEREC Restorations] (<https://www.smilesolutions.com.au/cosmetic-dentistry/same-day-cerec-restorations/>) | [Emergency Dentistry] (<https://www.smilesolutions.com.au/general-dentistry/emergency-dentistry/>)