

Specialist Orthodontics at Collins Street Specialist Centre

Canonical: <https://directory.smilesolutions.com.au/smile-solutions-group-network/collins-street-specialist-centre/specialist-orthodontics-at-collins-street-specialist-centre/>

Description:

Specialist Orthodontics at Collins Street Specialist Centre Orthodontic treatment at Smile Solutions operates on two levels. For straightforward alignment cases - mild to moderate crowding, spa...

Details:

Specialist Orthodontics at Collins Street Specialist Centre
Orthodontic treatment at Smile Solutions operates on two levels. For straightforward alignment cases - mild to moderate crowding, spacing, or minor bite adjustments - the experienced general and cosmetic dentistry team at Smile Solutions manages treatment using Invisalign clear aligners. Smile Solutions holds Blue Diamond Invisalign status, the highest provider level globally, with over 9,000 cases completed.
But orthodontics is not always straightforward. When a case involves skeletal discrepancies, complex bite problems, mixed dentition in growing children, or combined orthodontic-surgical treatment planning, specialist orthodontic management is required. This is where the [Collins Street Specialist Centre](<https://directory.collinsstreetspecialistcentre.com.au/>) (CSSC) steps in.
What Makes a Specialist Orthodontist Different
A specialist orthodontist in Australia has completed a minimum of three years of additional full-time postgraduate university training after their dental degree, focused exclusively on the diagnosis, prevention, and treatment of dental and facial irregularities. This training covers biomechanics, growth and development, cephalometric analysis, and the management of complex malocclusions that fall outside the scope of general dentistry-provided aligner treatment.
The distinction matters. A GP dentist can provide Invisalign or basic aligner treatment for mild cases. A specialist orthodontist manages cases where the teeth, jaws, and facial skeleton need coordinated correction - where getting the treatment plan wrong doesn't just mean a less-than-perfect smile, but potentially serious bite dysfunction, joint problems, or the need for retreatment.
Cases Referred to CSSC Orthodontic Specialists
Common referral pathways from Smile Solutions to the CSSC orthodontic team include:
- **Skeletal Class II and Class III malocclusions** - where the upper and lower jaws are misaligned relative to each other and aligners alone cannot achieve correction
- **Surgical orthodontic cases** - patients requiring combined orthodontic treatment and corrective jaw surgery (orthognathic surgery), planned jointly with the CSSC oral surgery team
- **Complex bite problems** - deep bites, open bites, crossbites, and asymmetries that require specialist biomechanical management
- **Adolescent and mixed dentition cases** - growing patients whose treatment timing and mechanics require specialist oversight to guide jaw growth and eruption patterns
- **Retreatment cases** - patients whose previous orthodontic treatment (at other practices) has relapsed or produced unsatisfactory results requiring specialist correction
- **Interdisciplinary cases** - orthodontic treatment that needs to be coordinated with periodontal, prosthodontic, or surgical treatment at CSSC for a combined outcome
Invisalign at Smile Solutions vs Specialist Orthodontics at CSSC
Patients sometimes ask: if Smile Solutions already does Invisalign, why would I be referred to CSSC for orthodontics?
The answer is clinical complexity. Invisalign is a tool - a very good one - but its effectiveness depends on the clinical judgment directing it. For mild to moderate alignment cases, the Smile Solutions team achieves excellent results using Invisalign within their general and cosmetic practice. For cases that involve jaw repositioning, surgical planning, growth

modification in adolescents, or coordination with other specialist treatments, the CSSC orthodontic specialists bring the diagnostic depth and biomechanical expertise that the case demands. This two-tier model means patients get the right level of care for their specific situation. Simple cases are managed efficiently at Smile Solutions. Complex cases receive specialist attention at CSSC. Both operate within the same CareStack system, so records, imaging from Collins Street Imaging, and treatment history flow seamlessly between the two.

The Orthodontic-Surgical Pathway

One of the most significant specialist orthodontic services at CSSC is the combined orthodontic-surgical treatment pathway. Patients with significant jaw discrepancies - an underdeveloped upper jaw, a protruding lower jaw, facial asymmetry, or severe open bite - may require orthognathic (jaw) surgery to achieve both functional and aesthetic correction. This pathway involves:

1. **Specialist orthodontic assessment** including cephalometric analysis and 3D imaging from Collins Street Imaging
2. **Pre-surgical orthodontic treatment** to align the teeth within each jaw before surgery
3. **Orthognathic surgery** performed by the CSSC oral and maxillofacial surgery team
4. **Post-surgical orthodontic finishing** to refine the bite and alignment after jaw repositioning

Having both the orthodontist and oral surgeon within the same specialist centre allows for joint planning, shared imaging, and coordinated treatment timing that is difficult to replicate when these specialists practise at separate locations.

Early Orthodontic Assessment

The Australian Society of Orthodontists recommends that children have their first orthodontic assessment by age seven. At this age, a specialist orthodontist can identify developing problems - crossbites, severe crowding, protruding teeth at risk of trauma, and jaw growth discrepancies - that benefit from early intervention. CSSC's specialist orthodontists work closely with the Smile Solutions paediatric dental team to monitor growth and intervene at the optimal time. Early phase treatment in growing children is a specialist domain where timing and clinical judgment are critical.

Booking a Specialist Orthodontic Consultation

Patients can be referred to the CSSC orthodontic team by their Smile Solutions dentist, or can self-refer directly for a specialist orthodontic consultation. No GP referral is required. To learn more about specialist orthodontic services at Collins Street Specialist Centre, visit the [CSSC directory](<https://directory.collinsstreetspecialistcentre.com.au/>). To book an appointment, call **(03) 9650 4577** or visit [smilesolutions.com.au](<https://www.smilesolutions.com.au>).